



**WESTQUAY**  
SOUTHAMPTON



*LionHeart*  
Challenge

**REGENTS PARK COMMUNITY COLLEGE**

REGENTS PARK



Community College

**THURSDAY 14<sup>th</sup> NOVEMBER 2019**

**PUPILS & PARTICIPANTS**  
**DETAILED EVALUATION & IMPACT**  
**REPORT**



**LionHeart**  
Challenge

## **EVALUATION REPORT FROM THE PUPILS**

### **‘IN-SCHOOL LIONHEART CHALLENGE’**



### **Regents Park Community College**





## LionHeart Challenge

**Ms. Natalie Reed: ASSISTANT HEAD TEACHER, Teaching & Learning,**  
**Regents Park Community College, Southampton**

“Research of ‘current affairs’ is only ever lightly discussed in tutor time, however today gave a real opportunity to discuss key issues, such as ‘mental health’, and in particular, men’s mental health. Also, the opportunity to discuss business, including ‘Marketing’ which is not regularly covered in curriculum, but there was also a wide range of Cross-Curricular links including Math’s and Literacy which made the learning today highly **accessible** and **relatable** to the Year Group of Pupils.

Today’s experience, provided close links and understanding in terms of real Community and local issues, and to do this while working in a Team, was highly engaging, with the activity very well planned to create a collaborative and professional atmosphere for the Pupils.

The whole activity was a ‘Can-Do’, non-negotiable instruction and support platform, to progress through the Challenge, to enable Pupils to deliver a high quality Presentation to Westquay at the end of the Event.

I observed the whole day in action from start to end, and was so pleased to see our Students discussing and considering local community issues in a mature and sensitive way. So many of our Students were commenting that if *their Project* became a reality, they would make a much better community environment for themselves and their families!

Pupils were coming up to me, and asking if we could continue this work in School tomorrow! (2 students said they thought we should be having this experience one day every week!).

In summary, this was such a wonderful, full-on day! Our Pupils are incredibly fortunate to have this experience from Westquay, and I know that for so many of them, this will be their **best day ever!**

I was amazed to see some of our most challenging Pupils getting involved and committing to the Challenge, with determination and enthusiasm. They were expertly supported throughout the day and I found opportunities to praise so many of them (especially the ones who rarely receive praise!)”

**Thank you so much!**

**Mr. Andy Collyer: GENERAL MANAGER,**  
**WESTQUAY, Southampton**

“A vast range of Business and Citizenship Skills were developed today by the Pupils, and this was made very clear, during the Final Team Presentations. The programme materials gives structure to support business and employability for the Students, built around the theme of a Community Project.

Team work Skills were evident throughout the day, and this came through during the Judging Tour when the Pupils fed back directly to the Judges who questioned them on everything.

Importantly, the Teams demonstrated how their Community Projects would support not only the individuals involved, but would also benefit the wider community.

Everything delivered by the Pupils today, was done in a thoughtful, interactive and constructive manner.

Having initially been surprised at the sheer numbers of children involved in the day, it was fantastic to see how the structure of the event not only coped with this volume of young people, but allowed everyone present to contribute.

An excellent Event for the School – but also for the Westquay Judges!”

**Ms. Claire Van Tonder: OPERATIONS MANAGER,**  
**WESTQUAY, Southampton**

“Today, I saw changes in the Pupils, who were clearly gaining confidence as the Challenge progressed. It was so good to hear their thoughts on how their Projects would work in practice. Young People need to feel that their opinions are important, and this gave them a real opportunity to express their opinions and knowledge and discuss these with others.

It was so good to hear the Final Presentations and to see how strongly the young people felt about their Community Action Projects. Just from hearing their detailed knowledge of their Projects and their opinions on these, I wonder whether they would have thought about the various vulnerable Citizen Groups in such a way, *before* the Challenge today. I feel this was a very good way to promote empathy and good citizenship.

An excellent day and one which I believe gets great results by empowering Pupils to express their ideas, and just so good, to see the confidence grow and grow, as the day went on.”

**Ms. Sarah Woodward: ENVIRONMENT & COMMUNITY CO-ORDINATOR,**  
**WESTQUAY, Southampton**

It was great to show them how to work outside of their comfort zones i.e. with other people (not friends) and to think about the financial and marketing side of a business. Once they got over the initial start, they seemed really pleased with the way they were working together.

The process makes them think for themselves, and not just be fed information. They were thinking outside the box, and showcasing the knowledge and understanding which they themselves already have and can use. They learned so much today: team work, motivation, confidence, realisation that they have knowledge and skills they can use, and also that their opinions are important.

A community is somewhere you should be actively involved, and also somewhere to be proud of. The Young People know what is happening out there, as they are living through the same concerns as the adults.

Today the Pupils realised that they and their voice is important, and that they have really valuable ideas and knowledge of what can be improved. All of them seemed very keen to make changes for the better, and recognized areas which they believe can be greatly improved for all.

All the Pupils were very enthusiastic, and helped with organizing something related to their own Community. Also they realised that they can work with other people they don't know.

This experience built confidence in just 1 day – it was so evident!

**Ms. Rebecca Nicholson: EVENTS CO-ORDINATOR,**  
**WESTQUAY, Southampton**

“The changes in the Pupils from the start to the end of the day, were clear for all to see. They developed their thought processes, and were genuinely interested in what they were tackling.

Over and above this, the experience shows them a wide range of career opportunities, but done in a real life setting. The Pupils were really thinking about their own Community and how they could make a real difference to it, which may be something they had not thought about previously.

With Westquay being a local Business, and somewhere that most of them visit regularly, they would likely see it in a different and more positive business light – even in an aspirational way.

This is a great programme, which I would recommend – great structure, fast paced day, and one which kept both the Pupils and the Judging Panel engaged throughout!

**Ms. Kerry Haysted: TEAM PA**  
**WESTQUAY, Southampton**

“The Pupils were all engaged and seemed to thoroughly enjoy the day, I think they will have a great understanding of the kinds of ‘skills’ which are needed by them, to be successful in the workplace. The Pupils really came out of their shells as the day progressed, and their confidence improved throughout the day, as they learnt the value of team work and communication. This is a great opportunity to give Pupils out with their normal week at school, and I felt so glad to have been part of this day for them.

The experience has encouraged them to think about the wider community and how they, as young citizens, can have a positive impact and make a great difference. It would encourage their career aspiration too. Individually, I think this will encourage them to make a difference in their local community with projects and fundraising on issues that are important to them, and close to home.

Westquay LionHeart has been wonderful to be a part of, and it’s very well organized. Hopefully we will be able to offer this to the young people again in the future”.



## LionHeart Challenge

# Overview of the **SKILLS** Developed over the Course of the Programme and its **VALUE** to them as Young People

(*verbatim* feedback from ALL REGENTS PARK COMMUNITY COLLEGE TEAMS reported below)

### Team 1

We have gained good organisational skills, teamwork skills, design skills and good discipline skills. Our Team Leader was chosen because she's fair and has leadership qualities and she know people's strengths. Our Team has developed good communication skills, and we know this because we talked to one another and helped each other. As a Team we gained really good business skills and as individuals we came together as a Team and provided each other and strengthened one another's skills together. We used skills such as Maths, Design, Business, co-operation and teamwork. In the future all of these skills will help us to get jobs and build relationships within companies. We were able to answer any questions that the Judges asked.

### Team 2

Today we choose our Leader because she is vocal. We choose our Artist because he is very creative. We chose are financial person due to their maths skills. Our presenter was chosen because he is very clear, and will get our message across. We learnt to search statistics to make our presentation speech better and include facts. Today has taught us a huge amount about business and the skills we will need to go forward in life, especially our working lives and future careers. We did not know the members of our Team at the start of the day, but bonded very well with one another as the day went on, to build a really good Team.

### Team 3

Today we all worked to our strengths and learned many new skills. Our Team Leader was chosen for his ideas and teamwork skills. Our Presenter was chosen due to her confidence and her outgoing personality. Our marketing person was chosen due to her business skills, marketing skills and her knowledge of the subject area. Our concept spokesperson was chosen for his confidence and his ability to talk to people. We chose our finance person due to his maths skills, but also his communication skills. Our Team believes the most useful skills we have learned through this experience, are communication, confidence and understanding of other people.

#### **Team 4**

Skills used today are working with people we wouldn't usually work with, communication, listening to each other, team leading skills, reading, writing skills, understanding of business and overcoming our fears. The most useful part of the LionHeart challenge was learning to work together, listening and communicating. We have learnt how to organise, team build and many working skills. We have learnt how to finance a business project.

#### **Team 5**

Today, we have developed skills which we wouldn't usually use because we are working with people we usually wouldn't work with. For example, we are building our teamwork skills as we wouldn't work with this group, we are in. It is building co-operation skills as we are co-operating by sharing ideas. We have built our collaboration skills as we are taking on each other's ideas. Our team feels the most useful part of the LionHeart challenge is communication because we are speaking and writing with people we don't spend any time with usually, therefore it will mean we will be able to work with people we might not know or like in the future. It has also helped build our confidence so we can take part in more business opportunities in the future.

#### **Team 6**

Skills we have developed today, are communication, teamwork, listening, motivation, collecting everyone's ideas, staying positive, paying attention, building one key idea, making things easy for everyone else, asking for everyone's opinions on an idea, not getting distracted and having everyone do something. Team 6 has found that they all have very different skills, and all the members are extremely confident and creative, working all together we found how good it is to work all together and to share our ideas to make something possible out of it. All skills lead to victory

#### **Team 7**

When we walked into this room and it was only then that we found out who our Teams are, and so we all communicated to find out what our Team were like. We used skills such as teamwork, to suggest ideas for the different citizen groups. We learned how to communicate within the group and work together and how to get everyone in the Team involved. We used our knowledge to suggest new ideas for our team. We have all spoken to help each other to make our presentation better. As a team we have all come together to share our ideas and develop them to make them even better ideas. We have all been positive about what we have done. The most useful part of the LionHeart challenge was deciding what we were going to do together, as we have all worked as a team to debate our ideas and make them better. We had peers to suggest ideas and then we worked together to suggest one big idea which we can take forward to show how we can make things better.

### **Team 8**

As a Team the skills we have learnt are communication, teamwork, listening and pitching our ideas. Together, we all listened to everyone's ideas and didn't leave anyone out. When given ideas, we speak as a team and elaborate further to make everyone's ideas the best they could be. The skills learnt are communication, co-operation, listening to our team, challenging each other, coming up with ideas and quick thinking. The most useful part of the LionHeart challenge was learning skills such as teamwork, communication, working as a team, listening, and sharing our ideas to come up with our final idea. Today we have learnt a lot more about our community.

### **Team 9**

As Team leader I was making sure that my team were doing everything they should be doing, and getting everything done in good time. As a whole, our Team have developed many team building skills. We are all communicating and thinking creatively. We are also listening and making good decisions. We have developed a lot of confidence and communication skills during the time in the group. The most useful part of the LionHeart challenge was working as a team and if one thing goes wrong, it was then backed up and sorted by everything else. Learning to communicate and to work as a team was very useful as it helped us with working with people you don't work with much and helped develop our confidence. We've found today useful because we've learnt how to handle a business project. Today we have learnt that you need to be creative and be confident and overcome your fears. The most important part was working with people we wouldn't normally.

### **Team 10**

Today is the first-time Year 9 has come together as a group all at the same time. As a Team we were very excited about today's challenge. We have identified many skills in the team such as communication, working together, creativity, perseverance, financial calculations and persuasive language. It's been nice working together and we feel our Team are a family. It hasn't been easy at times we have had to deal with a few challenges, but we have come through it all. We have stuck to the task all day. It's been a noisy environment, but we have managed to do it. We have all felt the experience today has been very positive, as it's the first time we all have come together in this hall like this. We have enjoyed the tasks that were set, and we have learned so much. We would like to do this again, as we are a team, that we would normally not work with, and the skills we have used are creativity, teamwork and communication. We now feel closer as a Team, and this has given all of us a positive lift. With all our skills combined together we are now better and stronger. We have had several challenges but at the end of the day we have somehow managed to get through it. We had an amazing experience with each other and we all bonded with each other.

### **Team 11**

This is the first time we have been together under one roof to work in a business environment. We have seen our Team quickly and efficiently come together to work towards our cause of providing a therapy day for young adult offenders. We have shown teamwork and fast pace working skills. We have all shared ideas and thoughts towards a cause we care about. We are all hardworking and with the motivation of our leader and guidance of the business coach, and advisors, it has been a very educational experience. It's a positive to all be together working to complete the same task. This is new and exciting and as a team we all have discovered we all have skills that can be shared. We have learnt to listen when others are speaking and take turns to share ideas. We understand that in the business world in order to gain maximum support we have to show respect to each other and not shout. We really understand that there is no 'I' in the word Team, it's all about sharing. We have so enjoyed the experience of being in the business world as it feels more organised than we had previously thought. The business world seems quite serious, but we feel as we are dealing with people's lives it more important to get it right as a team and its okay to be serious but remain focused and structured.

### **Team 12**

Skills developed today were many - good communication, good teamwork, good ideas, positive attitude, to work with each person and make sure their jobs are done well. The most useful part of the LionHeart challenge was people all working hard to do their jobs and roles well, and especially working with people which we don't normally work with, and understanding other peoples point of views, and seeing other people's perspectives and communicating so everyone else knows what we are thinking.

### **Team 13**

As a united Team that values each other's thoughts and views we have developed a source of creative ideas and skills including communication, leadership skills, resilience, perseverance and improved confidence. The Team feels the most useful part of the LionHeart challenge learning experience was getting to meet new extraordinary people and not only socialising with them but working together brilliantly in unison with them.

### **Team 14**

Skills the team have used today are creative skills, organisation, supporting each other, co-operation, communication and teamwork. We worked as a team throughout the challenge. We listened and responded to each other. The most useful part of the LionHeart challenge is learning new skills such as teamwork, communication, friendship, understanding each other, education, listening to each other, improving our own skills and not getting too frustrated. We also learnt to work with new people giving new opportunities, being creative, using teamwork all day, and also delegation and creative thinking.



# LionHeart Challenge

## Regents Park Community College

TOTAL NUMBER OF FORMS RETURNED BY PUPILS = 160

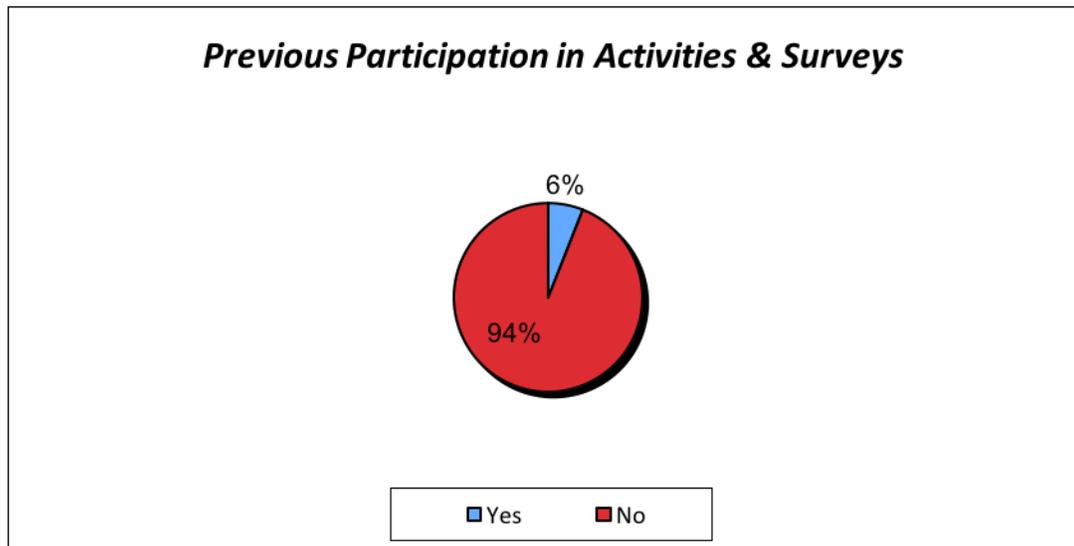
### PRE-EVALUATION REPORT

Pupils were asked to fill this evaluation out BEFORE starting The Challenge.

Q1

As part of any **PREVIOUS ACTIVITY OR SURVEY** ([Before Today](#)), have you as a **Young Citizen**, ever been asked **before**, for **YOUR OPINIONS, THOUGHTS and IDEAS**, on how to play an **ACTIVE PART** in helping **YOUR COMMUNITY** be a better place to live in?

**94% NO**  
6% YES



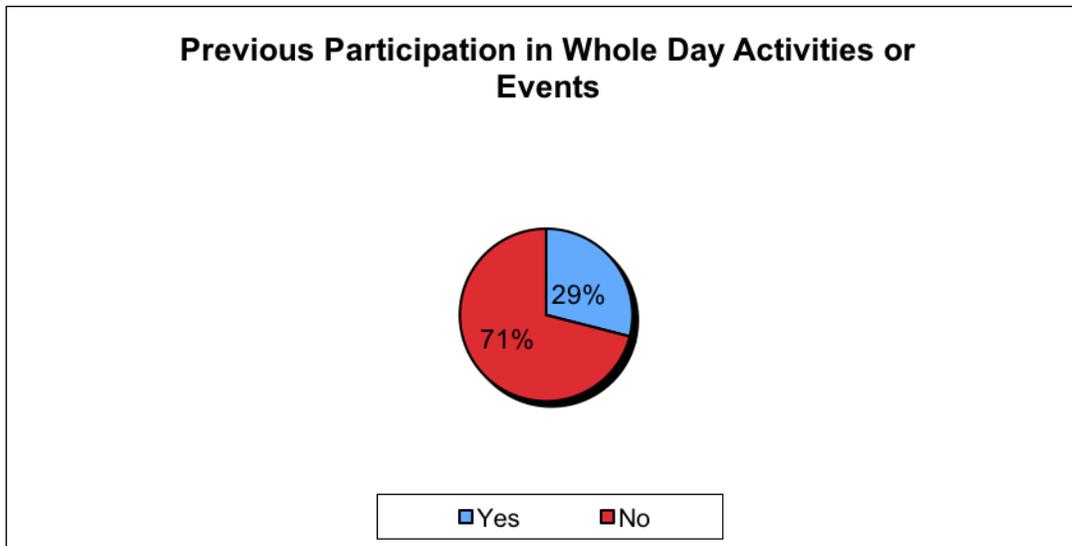
- Surveys on child government voting
- Questionnaires in tutor about our opinions
- Asked about future events at the school
- Try surveys that could help kids in need
- Saints foundation
- Saints foundation vote in youth parliament
- School council

Q2

Have you ever had the opportunity **BEFORE TODAY** to take part in a **Whole Day Activity or Event**, specifically designed to **HELP YOU DEVELOP the kinds of "SKILLS"** which will be needed by you when you start work or get a job?

**71% NO**

29% YES

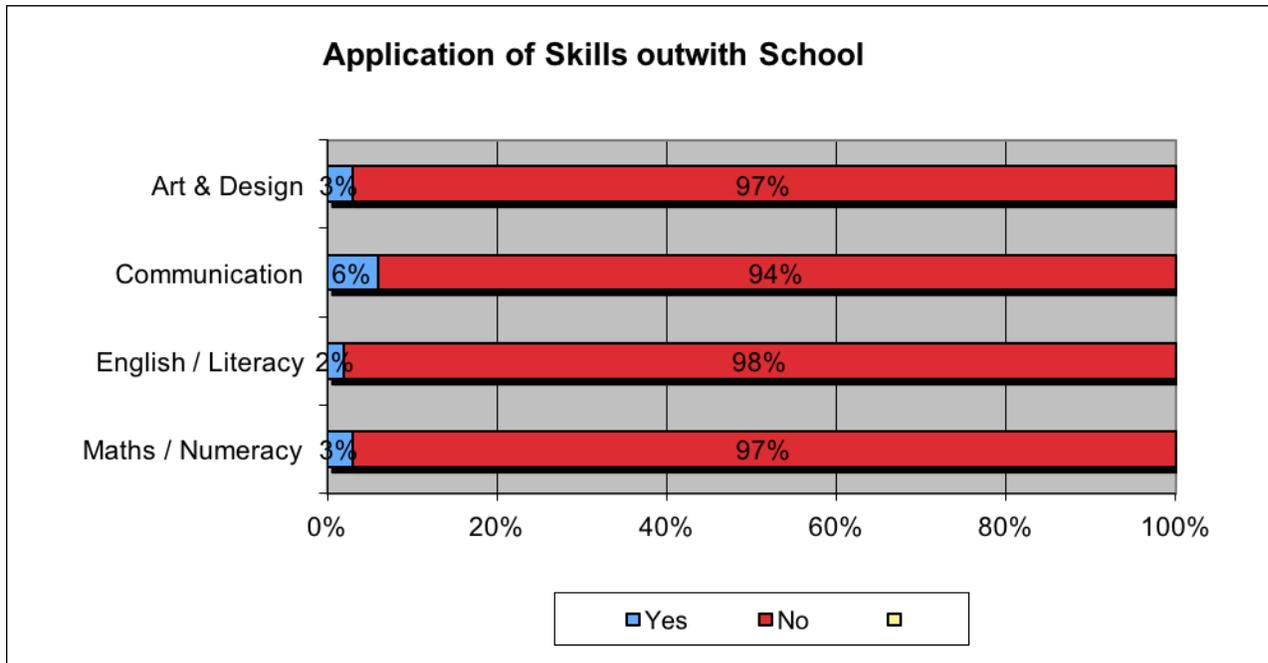


If **YES**, pupils then stated examples of such activities and events....

- Careers days
- Saints foundation
- PSHE DAY
- Careers day
- University days
- Careers day
- Scouts leader
- University days to help with skills
- Careers festival
- Specific people came in from different jobs and spoke to us
- Careers day
- Careers day
- Careers days
- University days around teamwork
- University days
- Summer scouts program for teamwork
- Careers day

Q3

Can you think of **any times in the past**, you've been able to **apply** things you've learned in lessons in class, and **THEN USE THEM ON A COMPLETELY DIFFERENT PROJECT OR ACTIVITY** which took place **OUTSIDE OF CLASS**?



Examples of situations where the pupils have applied these subjects outside of the classroom:

- **Art and Design (3% said Yes)**
  - Saints Foundation
  - Private art lessons outside of school
  
- **Communication (6% said Yes)**
  - Scouts
  - Playing Football
  - Air Cadets
  - Saints Foundation
  - Sports outside of school
  - Sports Team
  - Football
  
- **Maths / Numeracy (3% said Yes)**
  - Rock Challenge
  - Saints Foundation
  
- **English / Literacy (2% said Yes)**
  - Saints Foundation



## LionHeart Challenge

### Regents park community college

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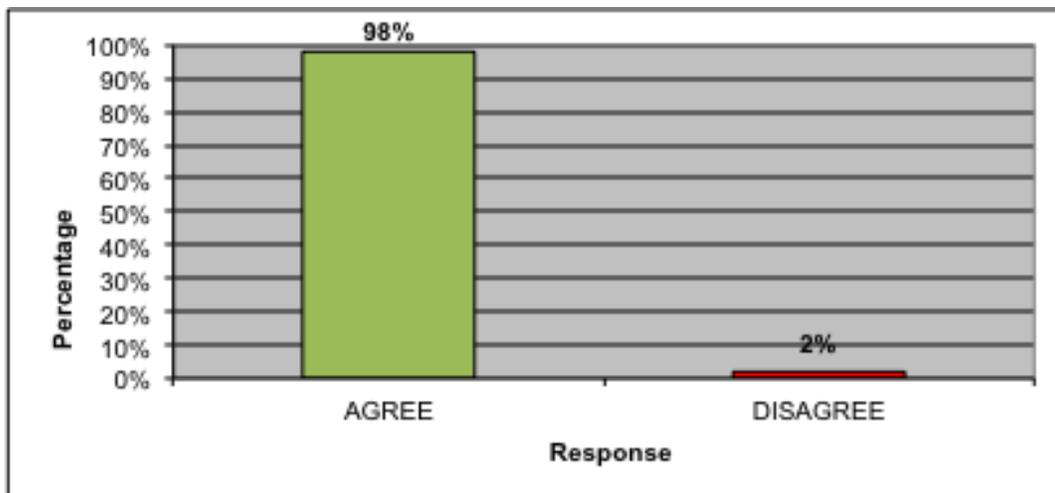
### POST EVALUATION REPORT

Pupils were THEN asked to complete this Evaluation **AFTER** the Challenge.

Q1

Pupils were asked **if they AGREED or NOT** with the following statements relating to the LionHeart Challenge:

**98% AGREE**  
**2% DISAGREE**



1. It is good that **I am being asked my opinion on important subjects** affecting Young People and other Citizen Groups within the Local Community.
2. It was helpful to listen to other members of my Team's views on **issues affecting our Local Community.**
3. I feel we came up with some good ideas which could **help make a positive difference** to the Local Community.
4. During the session, **we could speak freely about issues of concern** to us in the Local Community.
5. I felt **I could contribute to the discussions and tasks** carried out by the Team.
6. During the brainstorming session, our team could **discuss and note on the chart the various Citizen Groups in our Community,** and issues which affect them.
7. It was good to have people involved in today's challenge **as Judges and Experts who came from outside of our school, and who listened to and valued our opinions,** thoughts and ideas.



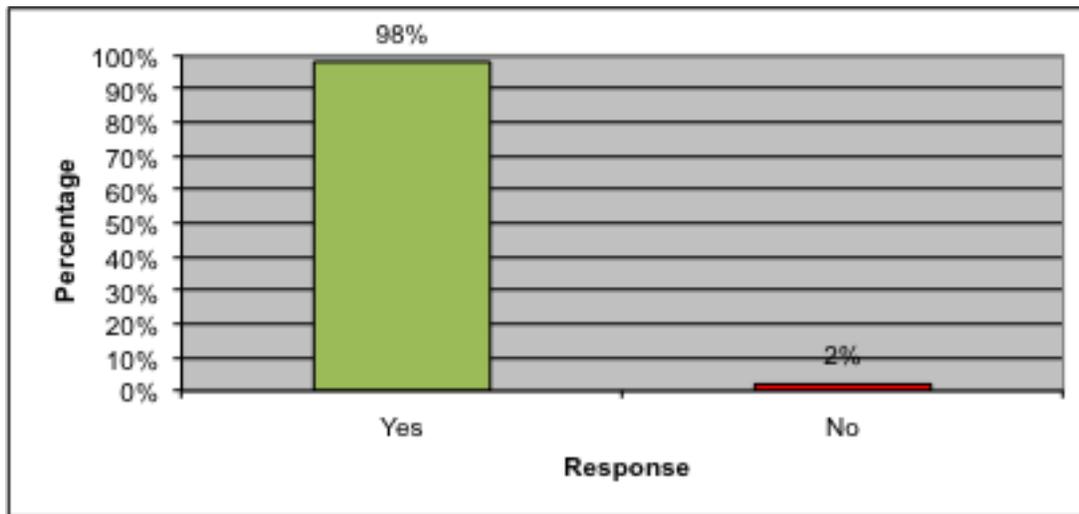
## LionHeart Challenge

Q2

Do you think that **THE EXPERIENCE YOU'VE HAD TODAY**, is a **good way** for Young People like **You and your Team** to discuss your **knowledge, experiences, ideas, thoughts** and **opinions** in terms of **ISSUES AFFECTING THE COMMUNITY?**

**98% YES**

**2% NO**



Q3 Comments from the Pupils regarding this question:

- Yes, we worked with different people.
- It was a good experience to talk feely to the group.
- It was a really good idea because we got to give our opinions on what should happen to people in need.
- We worked with people that we wouldn't normally work with.
- It was good as we learnt to work as a team.
- It was good as we learnt to work well together.
- It makes you become more confident and grow in teamwork skills.
- This experience has helped today because I learnt how to communicate with people I don't usually work with.
- We normally aren't asked.
- I think this was a great experience as we have learnt many new skills that can help us.
- We understand now what it's like to be in business.
- Helps us gain leadership skills and work in a team.
- It was fun, as we had to work together.

- I learned a lot of new skills.
- You can open up about any experiences that you, or any of your family members have gone through so people can know about these things.
- It gives us communication skills.
- It helps us understand local issues.
- It can help people working with different people, and this can help them make friends.
- We can finally have a say in what should happen.
- You can put forward any ideas you have.
- A lot of people are shy, but have strong opinions, so it is nice to have a day when people get to share them.
- We could listen and learn more about our opinions and others.
- It gives us responsibility, and something to think about and care for.
- It can teach us valuable things.
- It progresses people skills just like as if it was real work experience
- It gives us a chance to perform.
- We were talking to people we didn't know, and so it brought up different issues some of us haven't noticed before.
- It's really good as we can help people out.
- We all had time to discuss our ideas.
- We did have a rough start, but then started to work together and had good ideas.
- Since we are young, no one usually listens. People think we are too young to understand.
- It affects our team effort.
- We understand what it takes to help people and become young adults.
- Everyone can have a say about what they want.
- We could then help the community.
- We did really well, and the presenters did well too.
- I had a chance to be able to hear everyone's opinions and I learnt to respect other people's opinions.
- They can all work together and help people.
- It gives young people the experience of being an adult.
- To give people a different perspective to the world.
- No one normally listens to kids but today it was all about us.
- We were free to share our ideas.
- People our age will just know about it.
- Everyone's ideas were amazing, so it would be amazing to have it all in one.
- So, we can all say our own opinions.
- It helped us with different skills.
- We worked with people we wouldn't usually work with and worked as a team.
- There were some important life skills, such as finance and teamwork.
- Is good to help young people.
- I think this was a good way because we worked with people we wouldn't usually work with.
- It will help people out in the future.
- It's teaching us that finance and everyday issues will affect us later on in life.
- It shows that young people actually care about the world.
- Its teaching people.

- It made me think about all the problems in society, and now we can help.
- We got to work with people we don't usually work with and build our teamwork and communication skills.
- We were able to share different problems we feel needed looking at.
- I can share my opinion.
- It gives you a real opportunity.
- We had the knowledge about it and worked as a team to do this.
- We can learn teamwork.
- It was easy to communicate with people that were listening to you.
- It gives us time to express our opinions, views and thoughts.
- We were able to communicate with those we usually don't talk to.
- It helped us understand what's going on.
- Gives our ideas a chance to be heard.
- We all worked as a team and communicated very well.
- We have learnt new things.
- It made us work with people we don't work with.
- Builds up confidence.
- Gave us understanding of what could happen later in life.
- Its good that our opinions matter and that we were asked.
- You can speak freely.
- It could help with problems in the future.
- It gives everyone an opportunity.
- We all have different views.
- We were able to talk about the issues.
- It was eye opening to work with these people.
- We could all give our own opinion.
- It gives us the opportunity to understand problems of the world.
- Helps us to speak up and help the community.
- We all learnt about the topics we did and listened to other views on the topic.
- People can speak out.
- It can open up ideas.
- It can create ideas.
- Creates awareness.
- Spreads awareness of problems.
- We can express problems to adults who can then change them.
- It has helped.
- It really got us thinking about problems.
- People don't generally tend to share their thoughts on the community.
- It prepares people for the future.
- We get to freely say what we think.
- It helps us gain knowledge.
- It leads to our final presentation.
- It helped people with teamwork skills.
- It gave ideas across of how to help people.
- It's a good way to discuss knowledge.

- We all had ideas to put forward.
- We can share our ideas.
- To open up more and make more friends.
- Because you get to understand other people's side of things.
- We are all thinking about our community and had ideas about it.
- It can teach us how to talk to people.
- This will help in the future when we are going for jobs because we have developed a lot of good skills.
- It's good to talk and help with this.
- It was a good opportunity for me to experience something that will help us with our future.
- It helps us to see and understand other views.
- We get a chance as individuals to tell our stories.
- It broadens people's knowledge of issues around the world.
- It helps everyone to be aware of the issues around us.
- You can't be the person who knows it all, and other people's opinions are very important.
- We can speak freely about our thoughts on the community.
- It's a good opportunity.
- We got to share things.
- We got to share a lot of good ideas.
- It has improved our ways of expressing ideas, but in a business way.
- If we talk about our ideas and experiences about things, we will possibly get the message across.
- I think the teamwork and cooperation side of the challenge are very important.
- It was helpful for us to gain an understanding real life.
- It makes me think more about our environment.
- You learn teamwork and lot more than in normal lessons.
- It's a fun, yet demanding way to get us thinking about all the positives and negatives of our community.
- Helps us to think about what is going on in the community.
- We now know how people feel.
- I think it was a good way because we listened to each other's opinions and ideas.
- We know what people go through and we know how people feel.



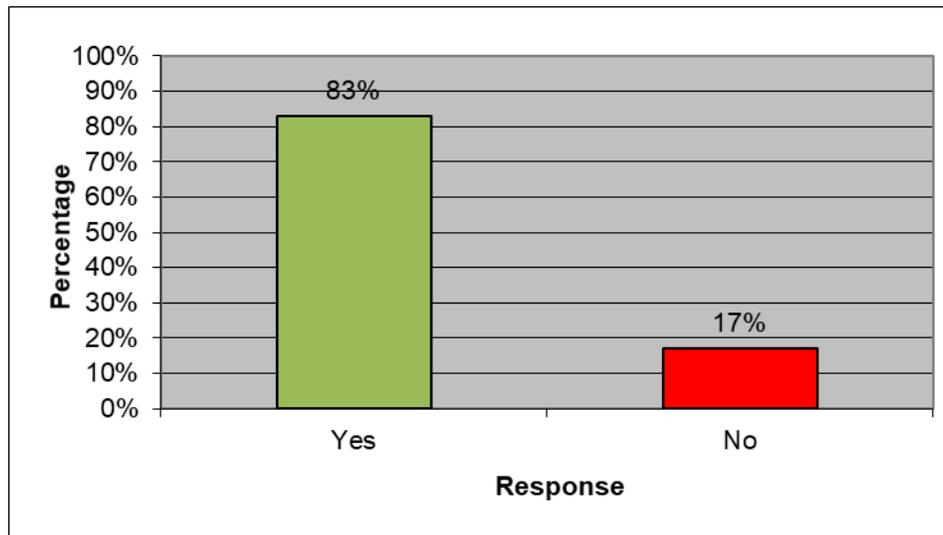
## LionHeart Challenge

Q4

Do you and Your Team feel the discussions you have had today, **has helped you to become MORE KNOWLEDGEABLE and AWARE** of the range of **ISSUES and CONCERNS** affecting your **Local Community?**

**83% YES**

**17% NO**



Q5

Comments from the Pupils regarding this question:

- We all had different ideas.
- We became more knowledgeable as the challenge went on.
- We have discussed well in our team.
- Some people didn't know anything to do with business before today.
- We all found out about new things.
- It will help us, as care homes need more activities to do.
- It has helped us be aware that there are more communities in need these days.
- It has helped me to understand the issues of people.
- We talked about children in care.
- I learnt more about how we can help with the issues.
- We are making problems more aware and known about.
- It was fun.
- I didn't realise just how many issues there were.
- It makes us more knowledgeable about the topics.
- It makes us more aware.

- It's interesting to learn about people's ideas.
- We don't talk about this often and never really get to say how we feel.
- We talked and shared our ideas and opinions.
- It was very active.
- It develops our knowledge that teamwork is important.
- It was nice to see other people's issues.
- I didn't know so many people had children so young.
- Sharing each other's knowledge and we talk about our ideas as a group.
- We understand how people are feeling.
- I was able to use maths to help with my part in the group.
- It shows us how many types of people are suffering.
- Different issues for different people.
- We've been able to look into reasons why things are happening.
- We came up with an idea on how to improve and do better.
- Now I know about certain things.
- There were lots of different issues mentioned.
- We really thought about how society was affecting people around us.
- It shows how much other people are suffering.
- I had not realised how important the support for elderly actually was.
- We did really good.
- Brings up awareness.
- We got more information.
- We learned a lot more knowledge.
- I learnt so many new things.
- We will be able to handle similar situations in the future.
- We now know a lot more about it.
- People have picked up on problems, so we are more aware.
- We had to problem-solve and work well together.
- We didn't really talk about it before today.
- I now understand the problems certain groups can have.
- The amount of people out there that aren't eating or drinking properly.
- We came up with ideas to help so we realised the problem.
- We learnt the issues together.
- We learnt what's happening so we can help.
- We can be more open minded now.
- We thought about what our citizen group actually needed.
- It made us become more knowledgeable.
- I have learnt more about the community.
- Everyone had different ideas and we all gained more knowledge.
- We all came up with issues that weren't thought about before.
- People said what they thought.
- It made us become aware of all the issues.
- Some of this I didn't know before, so it helped a lot.
- We are learning all through this.
- It helped us understand what reality is like.

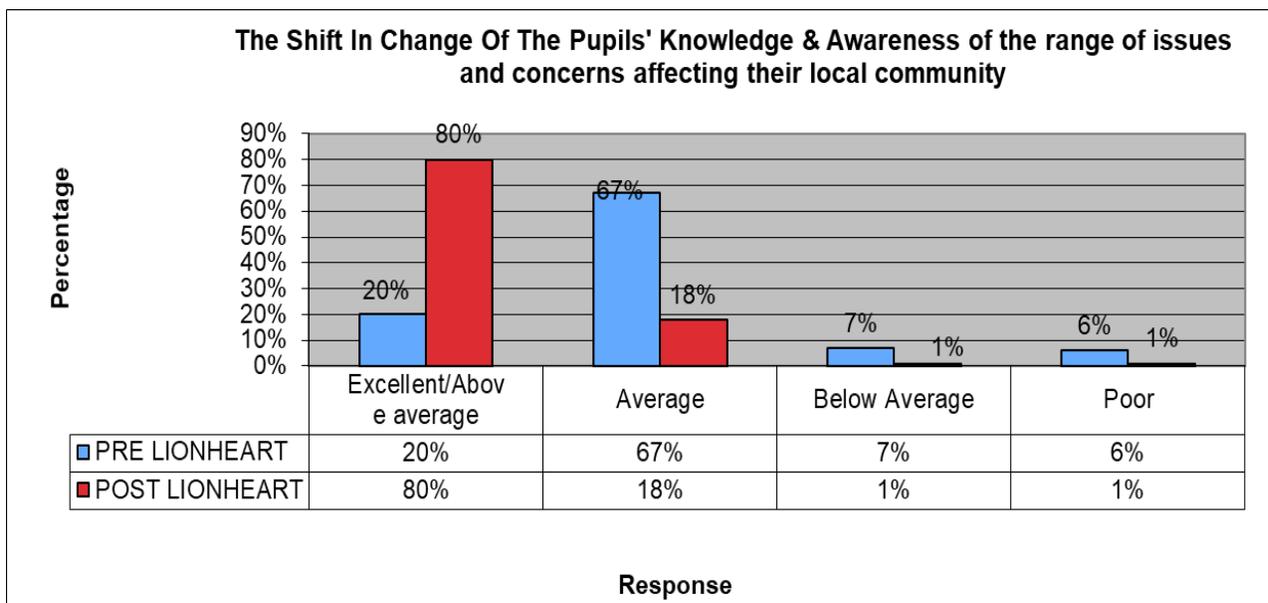
- People need help as they grow up.
- A lot of different groups of People need help.
- We learnt what is happening in our community.
- I didn't know much about it before.
- I didn't know how many people were in care.
- Stuff people do can really affect you and others.
- We learnt new things.
- The amount of ideas we came up with makes you think how many people need help.
- I have more of an understanding on the topic.
- I have learnt a lot.
- Has helped us have more of a broad knowledge.
- Everyone contributed which gave us a lot of ideas.
- I learnt things I didn't know.
- We thought about the people less fortunate than us.
- Everyone put their minds to it, and contributed.
- I feel like I'm more aware now.
- I learned about the community.
- It gave me more knowledge about business.
- It is important for us to know about what is actually really important.
- I learnt new things and it made me feel how other people can feel.
- I have definitely learnt a lot about homeless and mental health.
- We can share ideas.
- We all thought deeply about our community.
- I have learnt and understood what different cultures are like.
- More people need to know about the lives of people that have been broken.
- We are more aware of how we can help someone.
- People raised issues I didn't know about.
- I have learnt about things I thought I never would.
- We were able to hear others thoughts.
- Some of the problems we came up with I didn't know.
- It has explained the increase of poverty.
- We covered things I haven't before.
- Much more knowledge now.
- There could have been concerns that not everybody knew about.
- I have learnt a lot of different things about issues in this project.
- Showed us different issues.
- We all knew different things, so we educated each other.
- See other people's views.
- I was able to see other people's views.
- We are telling our own opinions about what we think about our community.
- If you work as a team its better.
- We talked about something important, so we all learnt about different things.



# LionHeart Challenge

Q6

Pupils were asked to what extent they **AGREE** or **DISAGREE** that their **KNOWLEDGE** and **AWARENESS** of the **RANGE of ISSUES and CONCERNS** affecting their Local Community **had changed** over the day of the Challenge:



**\* There has been a 60% INCREASE in Pupils **KNOWLEDGE** and **AWARENESS** of the range of Issues and Concerns affecting their local Community over the day of the challenge**



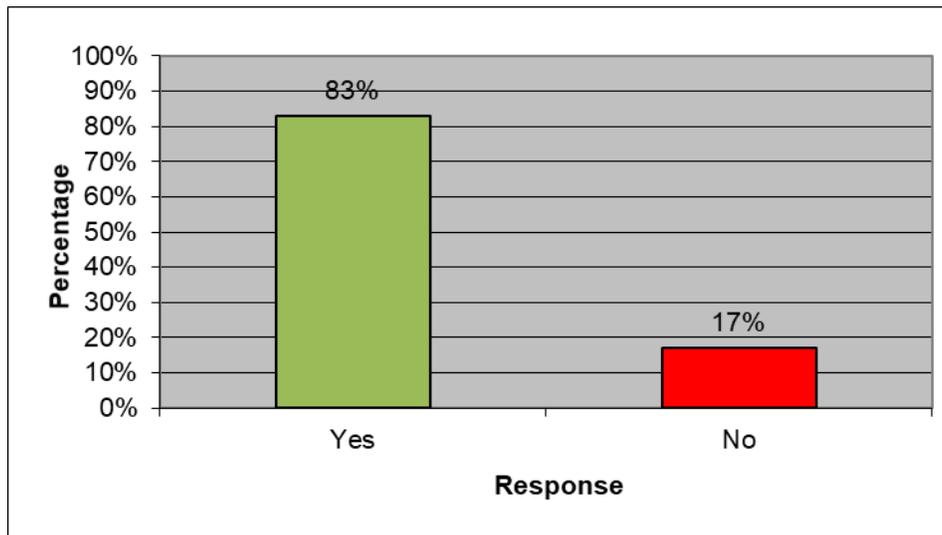
## LionHeart Challenge

Q7

Moreover, the Pupils were asked, “Do you feel that Today has given you as a Young Citizen the chance to **HAVE A VOICE**, and the **CONFIDENCE**, to discuss **REAL TOPICS of CONCERN**, affecting your Local Community?”

**83% YES**

**17% NO**



Q8

Comments from the Pupils:

- Its teaching us important stuff.
- I got to say my ideas to the group.
- Hopefully people will listen to us and act on it now.
- It helps us talk to different people.
- This was good because it made me more confident on giving my opinion.
- We can speak freely about the problems affecting us.
- I got to have a say about what I think about this event and work outside.
- It will help us as young citizens to remember what to do.
- Has given me more confidence and I feel more passionate about the topic.
- I think it will help me become more confident to share my opinions.
- Everyone was speaking.
- Made me much more confident.
- We find more problems working together as a team.
- We got to speak.

- We got to discuss ways to fix the problems.
- Our community plan will help fight loneliness in people with disabilities.
- For once, the youth can make a difference.
- We got to express our opinions.
- You tell people your ideas.
- A new opportunity.
- Some people don't get a say.
- Not a lot of kids are able to speak about the things because adults think they're too young and can't have a choice so it's good to speak up about these things.
- Because they made us feel like we had a voice unlike many different times.
- We had a chance to talk about our presentation.
- I was able to give my opinion.
- We all had ideas and joined them together.
- They gave us a chance to say our opinions and no one would tell us we're wrong or too young.
- To say our opinion.
- I felt I could help.
- People didn't have a voice before.
- We had a chance to say our opinion.
- My idea means something to all the groups, so it feels very big.
- Now I know a lot more.
- We felt really good.
- Normally I wouldn't talk about these things as no one would really talk about situations like this.
- Everyone has spoken about how they feel.
- Now I know about certain things that are affecting the groups of people.
- We were free to talk about what we wanted.
- We all contributed.
- People need to speak.
- At our age, we're not really allowed to help out parents with adult issues, but with these kinds of opportunities we can learn and understand about them.
- We have been able to say our opinions on life and can now speak our opinions.
- Most people wouldn't speak about it before.
- I now know a lot more.
- No one ever listens to the younger ones normally.
- They gained confidence in front of the whole year.
- We were listened to and had an opportunity to speak about our problems.
- People had the chance to discuss it today.
- All our ideas were included when presented.
- People have been able to speak their mind.
- We worked together.
- I want to be confident and help people.
- They can speak out their opinions and can be heard.
- We can communicate.
- We can say what we are thinking.
- I communicated all the time at the challenge.

- People have been able to say what they wanted to say.
- It gives people a chance.
- I shared ideas.
- We go to express how we feel and what we think we should do.
- We wouldn't be able to discuss anything normally.
- I got to speak to someone who wanted to listen to ideas and wanted to help us.
- I was presenting.
- I know about some of the situations.
- It could help us with the future.
- It helps me understand that our opinions matter and that we have a say.
- There's no judgement here.
- It made me feel like I had the opportunity to be listened to.
- I was the artist and the poster holder.
- I was able to speak in front of people who can make a change.
- We now know what certain topics we have to deal with.
- You gather lots of business skills and can also speak out for people that need help.
- We don't have a lot of opportunities like this one and got to speak in front of our year and Westquay judges.
- It showed us that we had a choice in the discussions.
- We show that you should always believe in what you think is good.
- The project was entirely up to us.
- The Judges heard us.
- It shows that people will listen to me no matter my age.
- It could change our community that we live in for the better.
- It showed us that we were making decisions in our group.
- I feel as if my contribution to the group helped show my contribution.
- It gave me confidence to speak up to my team.
- It gave me more confidence because more than one person has done it.
- I have realised that major issues are happening in my local area.
- We were all allowed to speak out.
- Doing a presentation makes me feel like I'm a Young Citizen.
- Everyone had to say something or else they won't learn how to open up.
- We can help our community.
- We feel free to talk about it.
- Normally we don't talk about important things in our city and it gave us the incredible chance of sharing opinions.
- I feel like I have more of an understanding to be able to discuss things.
- I have been given a chance to have an opinion and thought.
- I've been able to talk about mental health.
- This gave me a lot of confidence.
- I have been able to discuss my concerns in full detail.
- I have become more knowledgeable about the situation.
- I feel like we have met a group of Judges that are open.
- We know who can help and we have learnt how we can help some of the problems.
- We had opinions.

- I've been able to discuss concerns about topics that may not have been seen as important before today.
- I have discussed different ideas with my team.
- As a young citizen you can't do much to the community but with projects like these you can speak out about them.
- Today we all built our confidence which has helped us find our voice.
- People started saying their opinion and it got me thinking of my own.
- Didn't feel like we had to stay quiet, and so we bombarded each other with ideas.
- We could freely communicate.
- We had to work together and everyone in our team had a voice.
- Everyone gets to think.



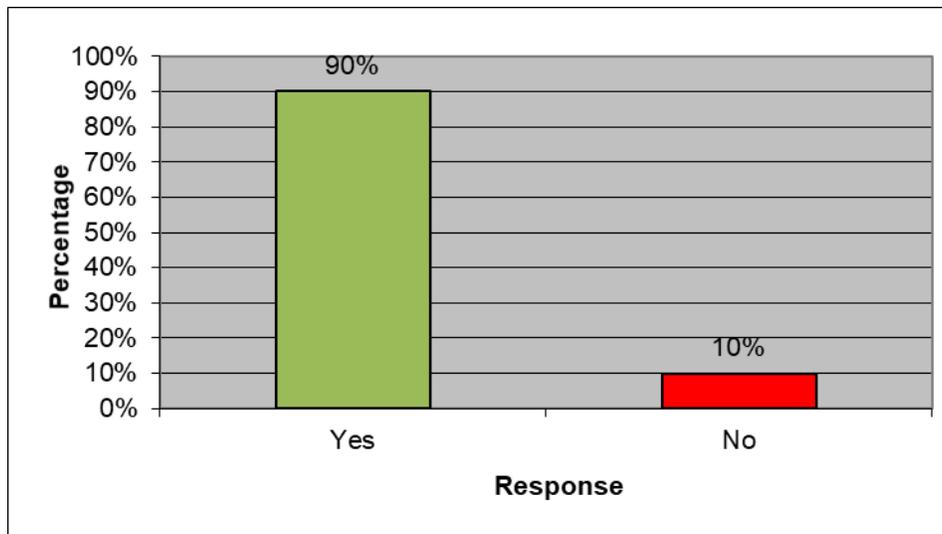
## LionHeart Challenge

Q9

Having been given the opportunity to take part in today's LionHeart Challenge, **DO YOU FEEL THAT THIS EXPERIENCE HAS ALLOWED YOU and YOUR TEAM, as Young Citizens, TO PLAY AN ACTIVE PART,** in putting in place an Idea for a Community Action Project, which could help **MAKE YOUR LOCAL COMMUNITY A BETTER PLACE TO LIVE IN?**

**90% YES**

**10% NO**



Comments from the Pupils:

- This is a useful experience for everyone
- Westquay is helping the community
- Has taught us all
- We had business people from Westquay say if our ideas were good
- Hopefully people will act on what we say and do something to help us
- Lots of reasons we gave will help the community
- I think getting this opportunity is good because I was able to take part in a challenge and give my own opinion
- We expressed what's in our minds and the problems in our local community
- I've learnt about vulnerable groups
- We can be sensible
- I now know more ways I can help

- Got to give my opinion
- Less crime, more help for others
- New ideas
- It has made us more aware about the topic we chose
- I think our ideas were good and interesting which were effective to potentially help the community
- I understand it more now
- We are more aware of the problems
- We could help make things better
- All of our ideas were explained to people in high authority who can make a change
- Maybe later in life we could make these ideas into real life activities
- We could make a change in society due to the ideas we put forward
- We spent the whole day planning an idea and went with it
- We could if they put are ideas forward
- A new opinion about the community
- It's good for people
- We never got to do unique stuff like this, and so when we have a voice now, we can say what we really want to say
- We worked together
- There will be less children without young parents
- I think we can do something that can help people in the world
- As we are helping young adults in our society
- I think more people should help young parents
- Made us more aware of our surroundings
- When we are older someone can use the ideas, or we could use them
- We gave them ideas
- Someone could do this to help people in the community
- The people in my team came up with really good ideas
- We could all do things to help
- We all had roles so we could think about the issues
- I think all our ideas are very real and fit in with the real world
- I think our teams action project would help because it would be protecting the elder citizens in our city
- It's nice to help everyone in any way you can
- We had to try and make a project
- We were free to go into any group that needed help
- I can take the skills I learned today, and apply it to society
- We now understand and can put our opinions forward in the future
- We have been able to say our opinion on how we can help society and how we can help everyone and every group
- We know more now
- Our community would be a friendly and better place if this project was taken into consideration
- It gives us the opportunity to say our ideas and suggestions
- Better if everyone helps the homeless and I want to live in a place where we can be helpful

- Our ideas could actually take place and help our chosen citizen group
- Our topic was based around homeless people
- It will make the community to become peaceful and help each other
- When we are older, we will be able to help the homeless and make it better for them
- People are suffering and maybe these ideas could take action and actually help people
- Less people can end up homeless because of our ideas
- It gave me an understanding of later life
- When we are older, we can help homeless and other people
- We work with people who you don't normally talk to
- People could understand the problems they go through
- There's lots of things that need to be sorted and once they have been sorted it can be better for everyone living here
- Now we will be more aware about the problems
- By doing more events that can help more people
- We came up with ideas that if we got the funding, we could make a difference
- This lowers violence
- We have shared good knowledge of the different groups of people
- It will help in the future
- We came up with ways to fix problems
- We had the opportunity to explain our opinions and thoughts about children's abuse
- Abused children should always ask for help and get support
- It's helped a lot
- We gave our point of views to the rest of our year group
- It would give younger children the chance to live happier and make their life better
- It can teach other people in the community about things I learned today
- Told us about new problems
- We suggested some topics that may not have been addressed before
- If the judges listen, they could pass it onto someone else
- They could pass on the message
- Spoke about things which may not have spoken about before
- My team gave lots of good ideas
- I think my team's ideas were good
- I can see our ideas working in real life
- People have listened to what we had to say today
- We all gave ideas to help everyone
- We all contributed and had really good ideas
- So, they can make new friends and open up
- We were thinking how to help them
- They could be really successful ideas
- We all gave good ideas which can help our local community
- Through discussing ideas
- We have had a chance to see what we could do
- I do now feel like we can open up and express our feelings
- We have all learnt how we can help and who can help us achieve it too
- We worked hard and came up with good ideas

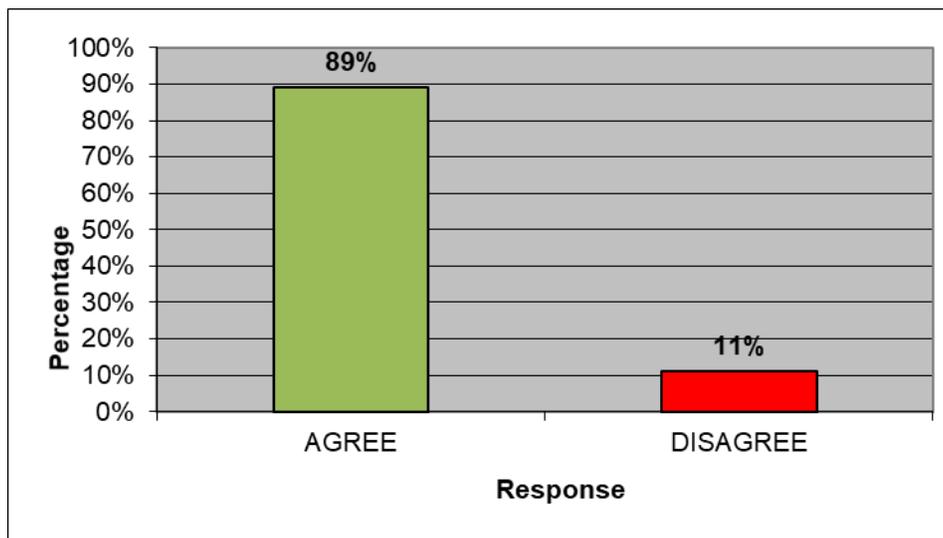
- We came up with great ideas about how to help homeless people and not have them suffer
- As said, not everyone has a good life
- At least now we have a voice to talk about the community we live in
- All our ideas are going to be able to help the community
- We found a way to help veterans
- Every team talked about important stuff like homelessness which is growing in Southampton and someone should do something about this problem
- This helps families
- Might help us in the future

Q10

Pupils were asked **IF THEY AGREED** with the following statements relating to the **FINANCIAL ASPECTS** of the LionHeart Challenge Programme:

**89% AGREE**

**11% DISAGREE**



1. **I could join** in discussions about our **FINANCES**
2. Using the challenge charts and formats, **I could understand and calculate INCOME and EXPENDITURE** for our Community Action Project.
3. Using the challenge charts and formats, **I could understand and calculate** our Team's **BALANCE SHEET**.



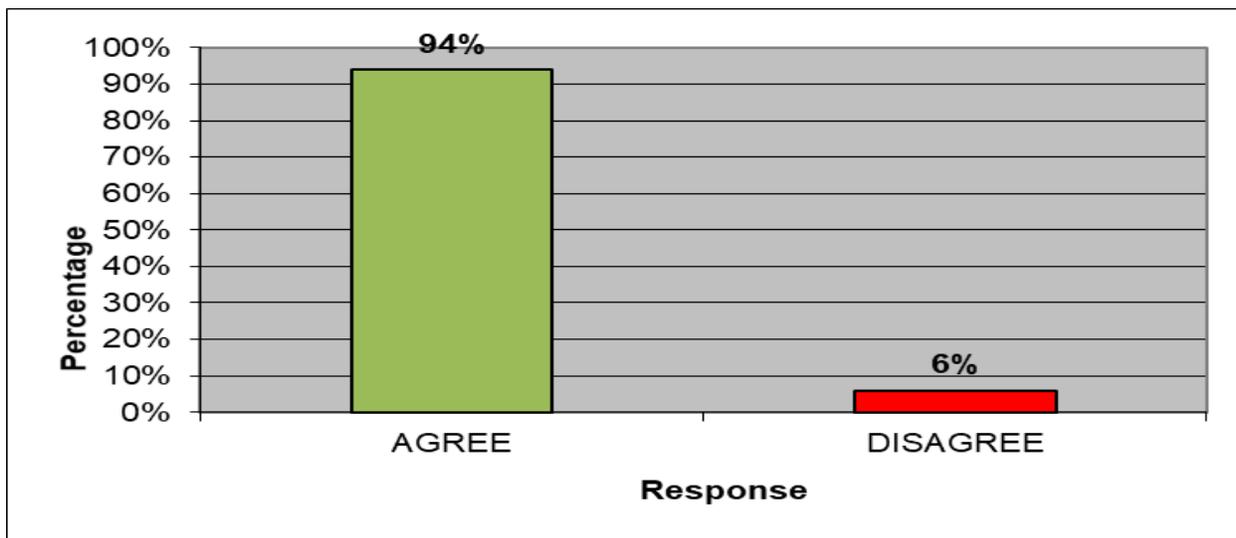
## LionHeart Challenge

### Q11

Pupils were asked **IF THEY AGREED** with the following statements relating to the **MARKETING ASPECTS** of The LionHeart Challenge:

**94% YES**

**6% NO**



1. **I could take part** in the discussions about the **UNIQUE SELLING POINTS (USPs)** of our Team's Community Action Project.
2. **I could think about ideas** for **PROMOTING** our Community Action Project and joined in discussions about this.
3. **I and my team could discuss and identify** possible **SPONSORS** for our social action project.



# LionHeart Challenge

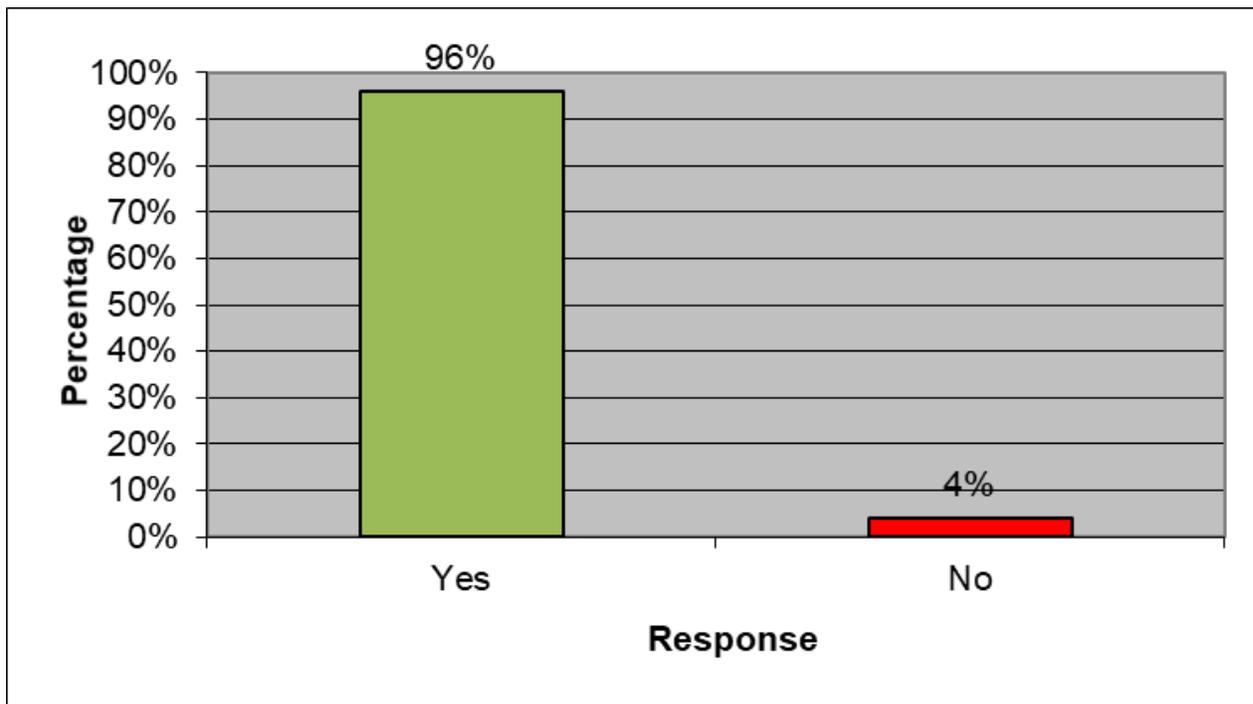
Pupils were asked a series of questions regarding The LionHeart Challenge as a Programme:

Q12

Do you think that other Young People would **BENEFIT** from taking part LionHeart Challenge Programme?

96% YES

4% NO

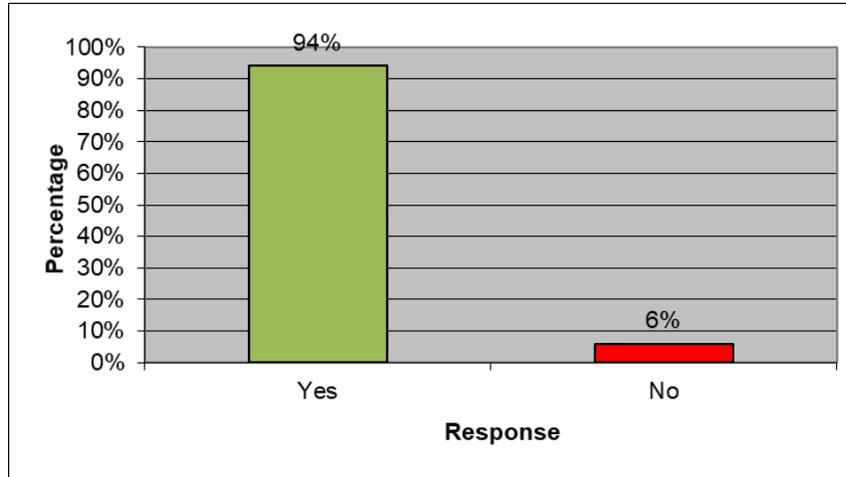


Q13

Having used the **Challenge MATERIALS and FORMATS**, did you feel they were of help to you and your Team?

94% YES

6% NO

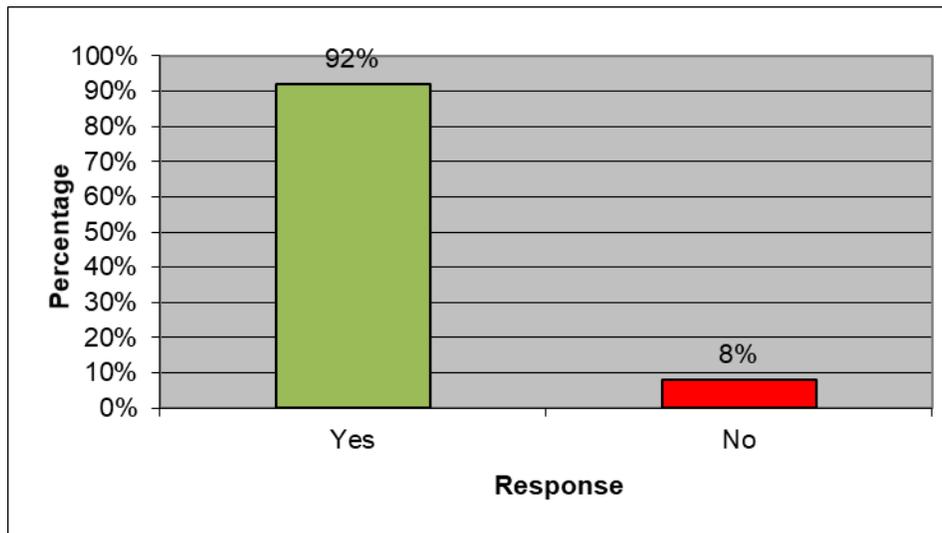


Q14

Did you find it helpful to have your **'LionHeart Business Coach'** there **to GUIDE and MOTIVATE** Your Team with the tasks?

92% YES

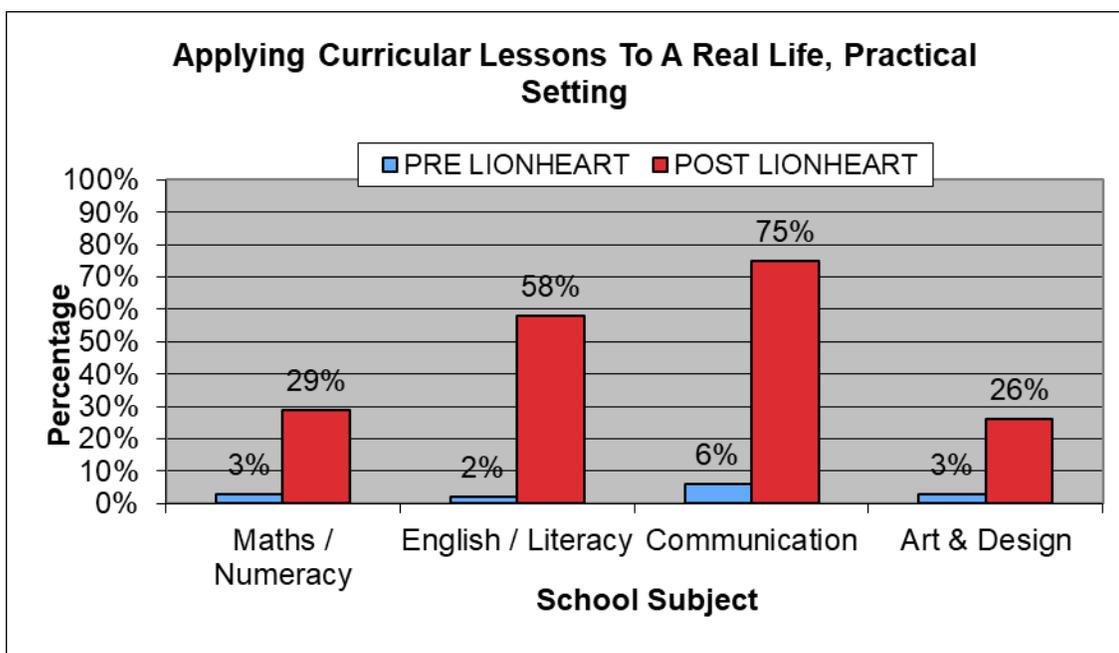
8% NO



Q15

4. Pupils were asked **BEFORE taking part in LionHeart** if they could think of any examples of when they had **applied the following Curriculum Subjects to a completely different Project or activity that took place outside class** (see graph on **Page 9**).

Now, **AFTER having taken part in LionHeart**, Pupils were then asked if they felt they had **APPLIED these same subjects DURING the LionHeart Challenge** (results shown in **RED** below).



\* There has been a **SUBSTANTIAL INCREASE** in the number of Pupils reporting that **they have directly Applied the School Curriculum over the course of undertaking the Challenge** as follows: (in comparison to that reported *before* undertaking the LionHeart Programme):

**Maths/Numeracy: + 26% Increase**  
**English/Literacy: + 56% Increase**  
**Communications: + 69% Increase**  
**Art & Design: + 23% Increase**

For additional supporting information on this question please see overleaf:

Pupils have given **Specific Examples of Direct Application of the Curriculum** during their hands-on participation in the Challenge as follows:

**Maths/Numeracy (+ 26% Increase)**

- In finance
- We used it when we had OUR one-to-one with the Westquay judges
- Calculating the finances
- When we were doing finance
- It was good to find out what it's like to use the numbers
- Finance
- Finance - helping calculate the costs in my head for the sponsor
- Estimating
- I was doing finance population and affected areas
- In finance
- I used maths to calculate additions and subtractions for finances
- Finance
- At the start
- In finance
- When calculating the income Section
- Calculations
- I added up all the numbers
- Finance
- In the finance
- During finance
- Helping with finance
- Calculating finance
- Finance part
- I did the finance
- Calculated the marketing
- During finance
- Did the finance
- Calculating sums of money
- Finance
- Adding
- To add up finances
- We used this to calculate the finances
- Calculating finance
- During the big Finance sheet
- Were able to calculate expenditure
- Finance
- Doing finance
- Used it when doing finance

### English/Literacy (+ 56% Increase)

- I wrote up the skills we had
- During the tasks
- Team discussions
- All day because I was team leader
- Used I when writing the speech
- Writing down notes
- Writing the script
- When we were doing the script
- When helping the presentation
- Mind maps
- Writing
- When doing feedback
- Write about marketing
- Wrote down the Report
- When writing the speech notes
- I was scribe
- Writing points
- Say anything I wanted
- Writing ideas
- I was the scribe
- I had to write what skills we had
- Helping with the speech
- When brainstorming
- Writing down points for the speech notes
- I wrote everything
- When I helped writing
- In the presentation
- To describe the citizen groups
- Making our plan
- The whole day
- I used adjectives and adverbs to make some of the writing more noticeable
- We worked on our speeches
- We had to write up our notes
- All day
- While making a mind map of ideas
- Writing a script
- Helping presenters
- I needed to make the speech
- I was scribe
- Brainstorming
- Writing the marketing
- Making the different sections of the presentation speech all fit together
- While writing
- Using language

- Writing
- Filling out the sheets
- To write what people needed to say
- Writing the speech notes
- The poster
- Helped write the presentation up
- Writing and giving ideas
- I was writing in the Project Diary
- I had to persuade the judges
- I helped out everyone
- Writing our presentation speech
- Team discussions
- Writing the speech
- Doing finance
- Making a speech
- Communication skills
- I wrote a lot all day
- Helped with the speech
- When I wrote the presentation
- Filling out the marketing plan
- To write on poster
- In my presentation
- Had to write all the notes down
- Making the notes
- Writing the mind maps
- Writing down team discussions
- When I was on stage
- Writing
- I was the scribe
- I was writing down ideas
- Writing our Marketing USPs
- Helped with the speech
- Helped write up my own presentation speech
- All day
- In the speech
- When planning our ideas

**Communication (+ 69% Increase)**

- Sharing our ideas.
- I used it in my presentation.
- I listened so as to be able to help.
- Talking to the group.
- People listened to me.
- We used it when talking to each other.
- Up on stage and to the judge at the interview stage.
- I could communicate better.

- I brainstormed ideas.
- When I went up to the Judges to speak about finance.
- To get ideas.
- Giving my ideas.
- When discussing the project.
- While working.
- Got to communicate with the team.
- When talking out the idea to our Team
- To say what I believe was the best way to help people.
- Communicating with my group.
- When presenting.
- We all talked to one another all day.
- We were sharing our ideas.
- Discussions.
- I could share my opinion.
- We all had our opinions.
- I gave advice.
- Discussing our topic.
- We talked to each other and explained our opinions.
- When brainstorming.
- Deciding about what we should write.
- Presentation.
- All day discussing everything.
- When I helped with ideas.
- Talking to our teammates.
- Helping in different activities.
- Presenting.
- All day.
- We all used our ideas and put them forward.
- I liked to state my opinion.
- By talking to each other about the work and the best solution.
- Learning how to communicate and listen.
- We had to speak to each other.
- To talk about ideas and develop them.
- All day.
- Having to communicate to pass on ideas to other team mates.
- Saying ideas.
- All day as team leader.
- Talking to each other.
- We discussed what to do.
- Telling ideas.
- When talking about people in society.
- When speaking.
- Communication used.

- With the group around me.
- We could say what we wanted to.
- Throughout the day.
- Sharing ideas.
- When we were deciding what to sponsor.
- When we were sharing ideas.
- Talking to people.
- All day.
- Speaking and listening to everyone.
- Presenting.
- When we were discussing our ideas.
- To give ideas for it to happen.
- When I was presenting.
- With the writers about the poster.
- Presented to the whole year.
- Talking to the team and giving them ideas.
- I listened to other teammates and they listened to me.
- Today I had the courage to speak.
- When we were discussing the problems.
- The whole day.
- Listening and giving ideas.
- Talking to our team mates.
- As the team leader I had to communicate all day.
- When speaking to the team.
- Discussing finance.
- Discussing our team plan.
- When we were doing the project.
- So, everyone could understand.
- Everyone needs to communicate to each other.
- I discussed the topics I came up with.
- Communicating helped everyone to understand everyone's ideas.
- When I presented our ideas to the judges.
- Talking to the audience.
- To talk about the ideas.
- Speaking about topics.
- Listening to other ideas.
- To explain something to someone to give them the details.
- Explaining how to help.
- I was the group leader, meaning I explained things clearly.
- Listening to my peers.
- Talking as a team.
- Talking.
- To other team mates.
- When we were discussing ideas around the team.
- Talking and understanding everyone in the group.

- We all had to work together.
- Giving our own opinions.
- I talked on stage.
- All day.
- When asking for everyone's ideas and opinions

### Art and Design (+ 23% Increase)

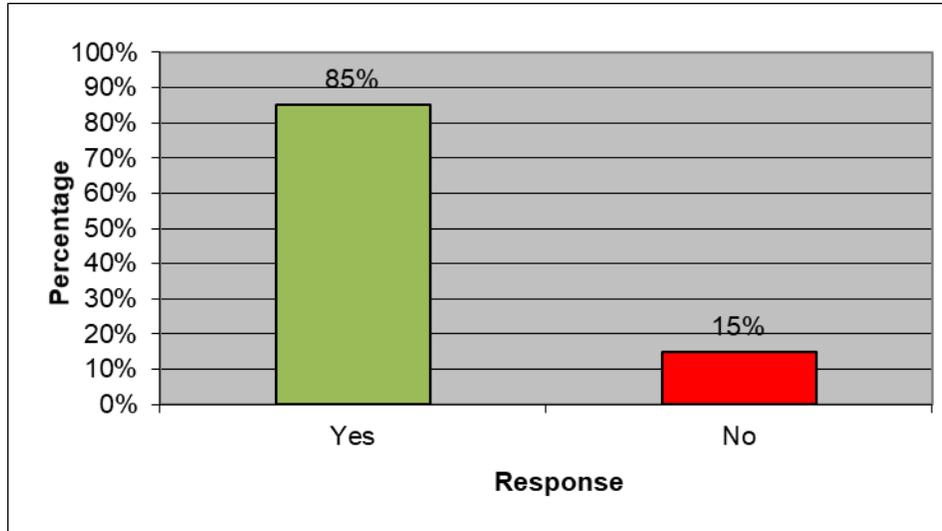
- I did the poster.
- When we drew the poster.
- The poster.
- Helped with the poster.
- To make the poster.
- I designed the poster.
- I made a poster.
- Using it to create our poster.
- I helped with the poster.
- Poster.
- Drawing the poster for my team's project.
- The poster.
- Poster.
- I was the one creating the poster.
- On our poster.
- Poster.
- During the poster.
- I'm creative.
- When we drew the images.
- We made a poster.
- To draw ideas to help explain the project.
- Posters.
- Posters.
- Making the poster.
- I did the poster.
- Making the poster.
- I had a lot of creative ideas.
- To make the poster.
- To do the poster.
- Colouring in a puzzle piece.
- When we were drawing pictures on the poster.
- To make the poster.
- Drawing.
- For the poster.
- We created a nice poster.
- I had to do a poster about war veterans.
- When we were drawing a picture.

Q16

The Pupils were asked: "Having taken part in The LionHeart Challenge today, do you feel you have developed IMPORTANT SKILLS which will HELP YOU APPLY FOR A JOB or START WORK?"

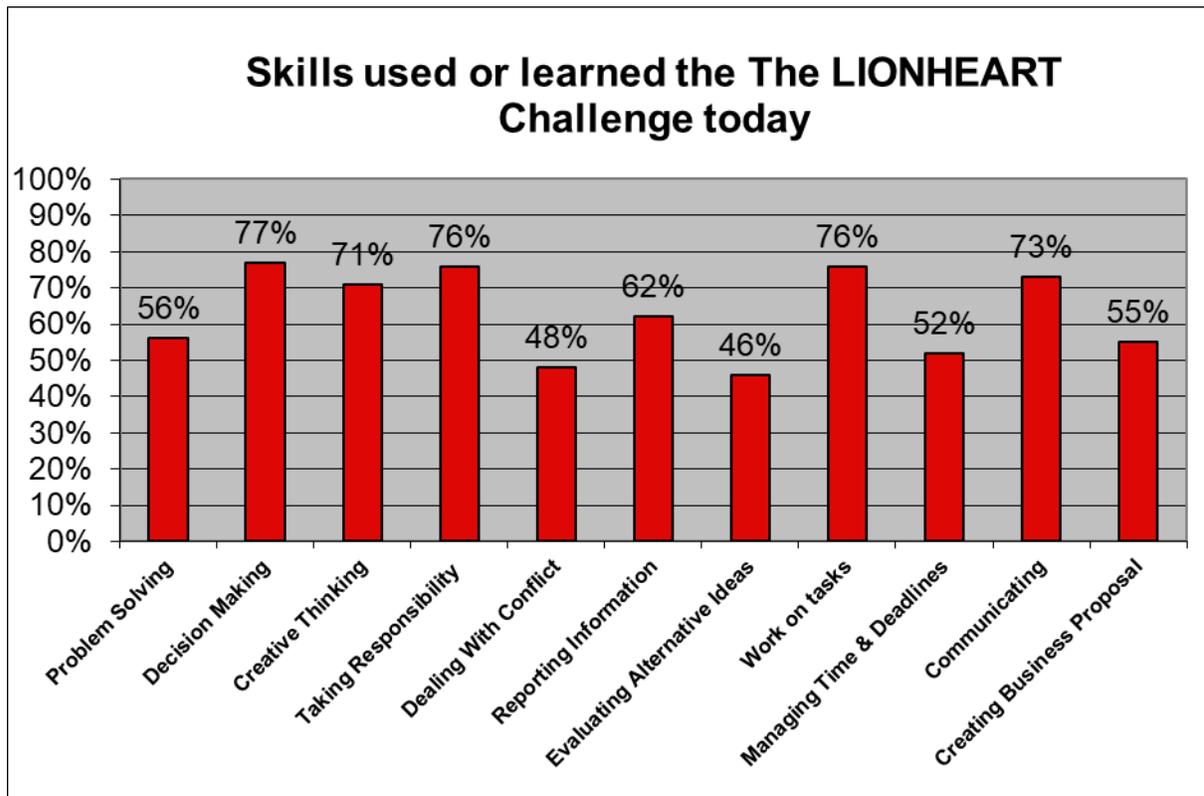
85% YES

15% NO



Q17

If so, please tick any of the 'SKILLS' which you feel you have LEARNED or USED today:





Q18

The Pupils were also asked:

Are there **ANY OTHER IMPORTANT 'SKILLS'** which **you feel you personally, have USED or LEARNED today?**

- All the above.
- I spoke to the judge.
- Not to take people for granted. I have worked with a lot of people today I usually wouldn't work with and it was surprisingly fun.
- Good communication skills, letting other people put their point across.
- Cooperation and listening.
- Giving good ideas.
- Resilience, leadership and positivity.
- I have used my teamwork skills to communicate with others.
- To ignore anyone being annoying or disrespectful and to concentrate on the Team.
- Public speaking.
- Resilience, confidence and perseverance.
- I spoke to the finance judge
- Teamwork.
- All the above.
- Making stronger friendship bonds.
- All the above.
- Communication.
- All the above.
- Used my own knowledge of mental health.
- Communication.
- To apply Maths to Finance
- All the above.
- Communication.
- Co-operation.
- You have to work with other people you wouldn't usually work with in day-to-day life.
- Confidence.
- All the above.
- Confidence.
- Communication and teamwork.
- Communication and confidence.
- My listening skills.
- Communication with people I wouldn't normally work with.
- Speaking and confidence.
- Writing.

- Communication skills and teamwork with people I don't work with.
- Communicating.
- Teamwork.
- Communication.
- Problem solving, taking responsibility and communication.
- All the above.
- Problem solving.
- Dealing with mini debates within the team.
- Communication with people I wouldn't work with usually.
- Creative skills – writing and drawing.
- Communication.
- Team skills.
- Financial capability.
- Confidence, persevering, communication and resilience.
- Communication.
- Creativity.
- Teamwork.
- Showing different opinions to team members.
- I spoke to the Team work judge.
- All the above.
- Confidence.
- How to interact with others.
- I spoke to a judge.
- Learning finance, confidence and taking control.
- Learnt to be a team leader.
- Teamwork.
- Learnt to step in to save the team at the last minute.
- Learnt to finish the booklet on time.
- To talk more.
- To help people if something goes wrong.
- I spoke to a judge.
- Decision making and working with people I normally wouldn't.
- I spoke to the Marketing judge.
- Teamwork and problem solving.
- Team leader and controlling people when they get out of hand.
- I spoke to the judge.
- Working with other people is different because we don't normally do it.
- I saw a judge and spoke to them directly

Q19

Is there anything else you would like to say about **YOUR EXPERIENCE** of today's **LionHeart Challenge**?

- Should be available to more students.
- It was cool.
- Interesting.
- Helped build confidence and think about what actually is going on in the community.
- It was nice to say your opinions to other people.
- Thank you Westquay
- It was the best ever.
- I think the LionHeart challenge was very interesting and important and Regents Park Community School should be having it in school more often.
- It was very inspirational and encouraging to hear people's thoughts and feelings and solutions to our community problems.
- Quite interesting to find out about finances and other world issues. Thank you for this opportunity.
- It was a very enjoyable experience and it was fun doing something different to normal lessons.
- Thanks, to our Team's business coach.
- It was a challenge that helped me develop my business skills – such as mind mapping.
- Today was amazing. I would really like to see this happen again in RPCC. Thank you for your time.
- Thank you.
- Thanks for today.
- It was very Interesting.
- Got me using my skills.
- It was good, would do it again.
- I like it.
- It was fun.
- It was really good and interesting.
- Helped me come closer to team mates and finish the tasks.
- Unique event to get our voices heard.
- I enjoyed it very much.
- It was good.
- Thank you to Westquay LionHeart.
- It was a really good experience and it's good working with others.
- It was fun to have an opportunity like this.
- It was really helpful - so thank for the opportunity today.
- It was an amazing opportunity.
- Thank you.
- Thank you.
- I think it'll certainly help me in later life.
- I had lots of fun and it helped me a lot and I want to thanks to all of you.
- Interesting experience that should be funded for more schools more often.
- I really enjoyed it.

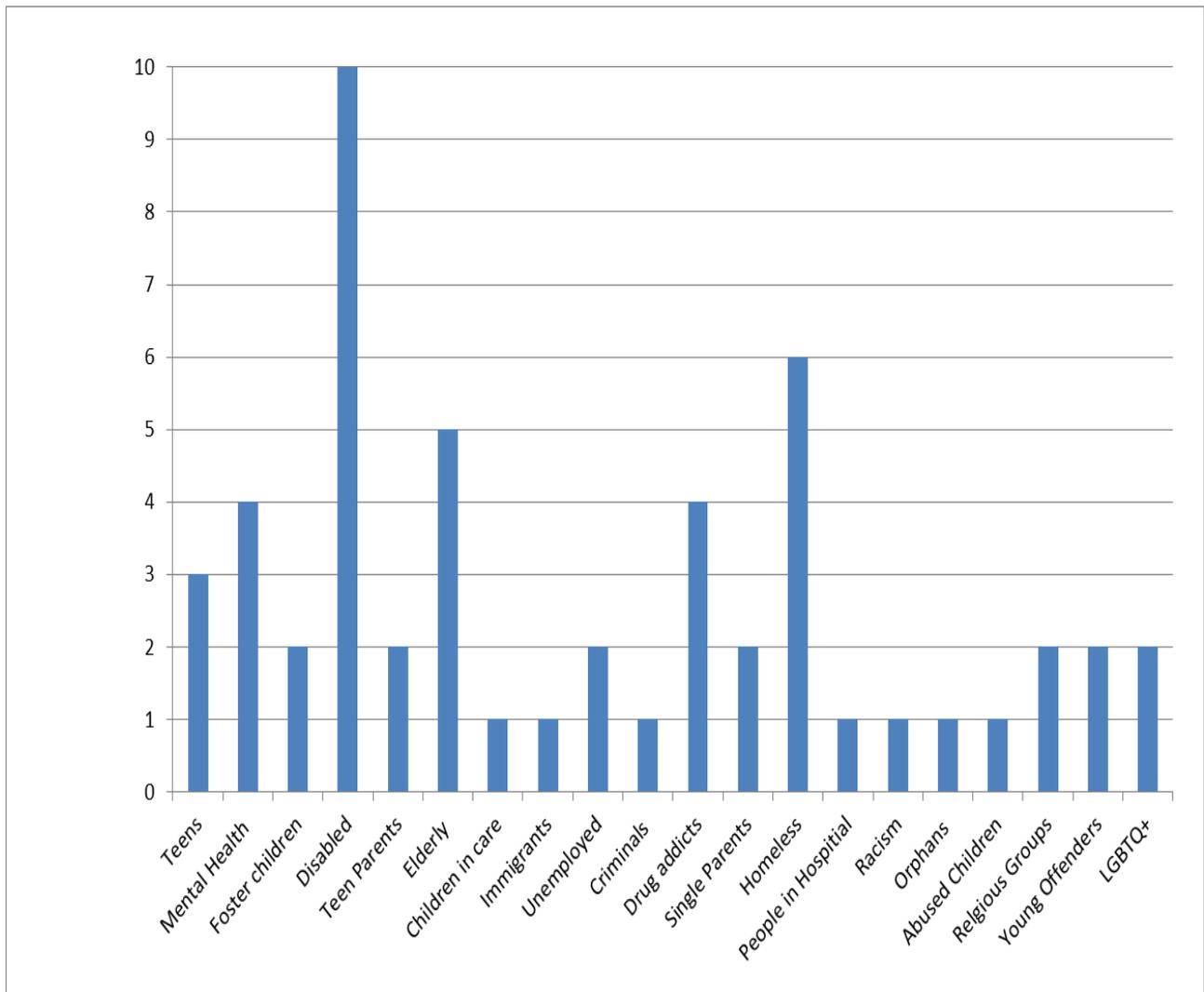
- It was great fun come again.
- It was fun to do.
- Good opportunity to talk about business and the community, and I would do it again.
- Great experience that can help very much.
- It was fun and we should do it more.
- I would like to say a massive thank you as I have been communicating all day with people I wouldn't usually work with.
- I have learnt a lot and I am very thankful for this opportunity.
- Helped me become more confident and make me communicate more.
- We have learnt about what our society needs help with and we will do whatever to make it better.
- It was great and thank you to Andy Collyer of Westquay for giving us today's event.
- It was really different.
- Helped me understand how to set up a project.
- Thank you for the opportunity.
- It was very eye-opening to see what it takes to put together a business plan.
- I have learned about some skills that could help me later in life.
- I enjoyed the Presentation Speeches.
- It was fun however I wish there was more activities like this.
- Thank you.
- I enjoyed hearing the speeches.
- Good challenge which taught us many skills for the future.
- I found it easy to get into.
- I enjoyed it.
- Thank you for coming today.
- I have enjoyed this opportunity.
- I liked listening to other people's speeches.
- I enjoyed the speeches.
- It was good, I enjoyed the speeches.
- I enjoyed the speeches.
- It was fun.
- I really enjoyed the speeches at the end.
- The Teams were really good because we were with people we would never usually go with.
- I enjoyed the speeches.
- Talking to a judge was scary, but I'm glad I managed to do it.
- I enjoyed the speeches.
- It was fun.

## Regents Park Community College

# TEAM COMMUNITY ACTION PROJECTS

CHALLENGE THEME TOPICAL AREA: **COMMUNITY ACTION**

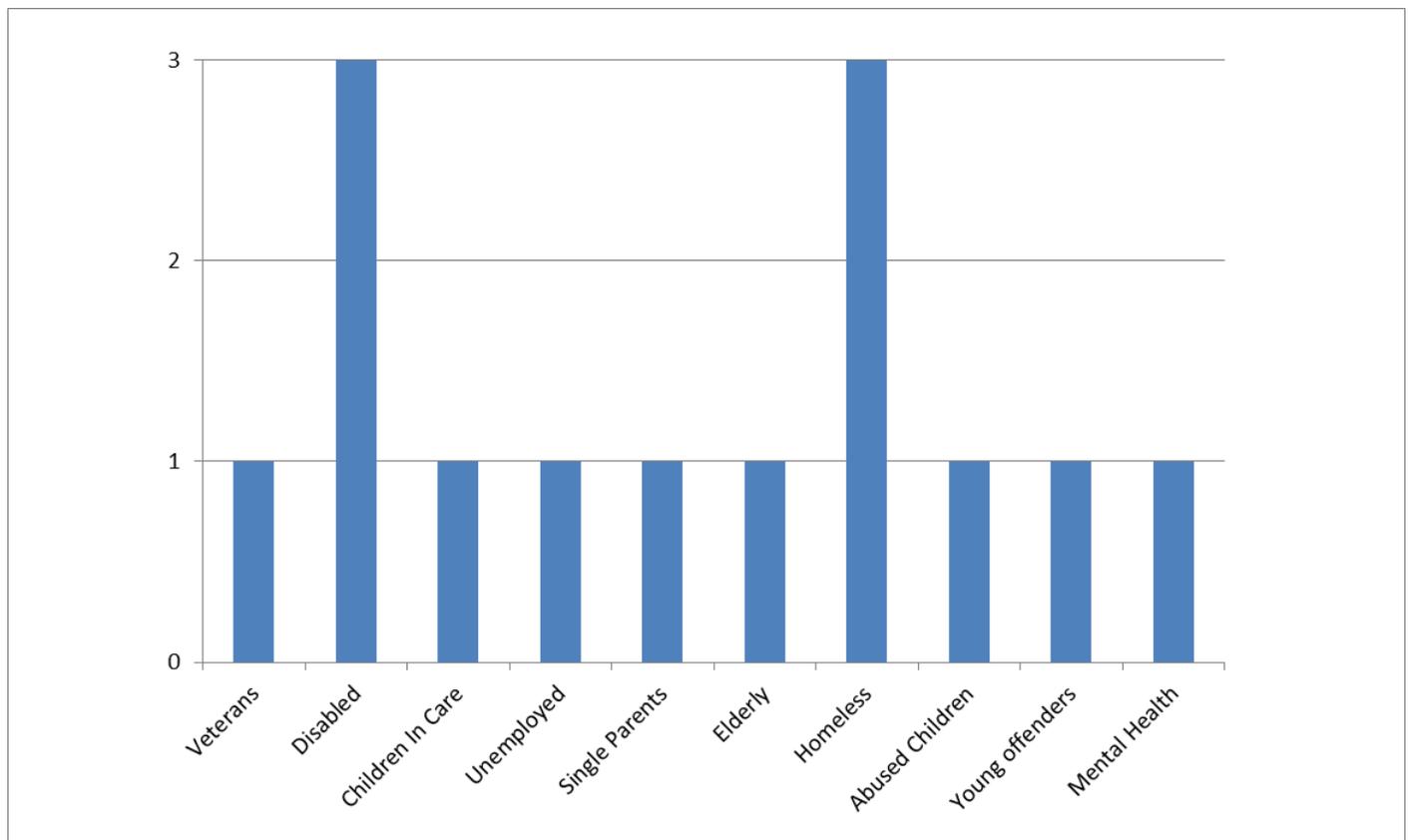
Below are the Topics which **the Pupil Teams DISCUSSED IN DETAIL** and **CONSIDERED**:  
**CITIZEN GROUPS DISCUSSED IN DETAIL BY EACH TEAM**



# REGENTS PARK COMMUNITY COLLEGE

The Teams then **CHOSE** a **SPECIFIC CITIZEN GROUP**, to create a **COMMUNITY ACTION PROJECT** for, and in order **TO ADDRESS A SPECIFIC ISSUE(s)** affecting that Citizen Group.

## CITIZEN GROUPS CHOSEN FOR COMMUNITY ACTION BY EACH TEAM



# Regents Park Community College

## TEAMS COMMUNITY ACTION PROJECTS

All Teams were asked to come up with a VIABLE **COMMUNITY ACTION PROJECT** for their chosen Citizen Group, with the potential of going forward as a LEGACY PROJECT following the Challenge Day:

### TEAM 1

4 Citizen Groups Identified:

- **Young Disabled**
- **Mental health**
- **Teens**
- **Foster children**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Young Disabled people</p>	<p><b><u>Reasons:</u></b></p> <p>Unable to do things Social interaction Judgment Relationships Sad to have disability Different injuries Difficulty Travelling Not ease to talk Pain Family Issues</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Young Disabled people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Local Shops The School</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>A Hall given over to a variety of different activities Young Disabled would enjoy</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Rehabilitates them into society Gain Skills Benefits Get Socializing</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Donations will help Fundraising for future research Benefits the sponsors Will help the mental state of Young Disabled</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Posters Flyers Tv adverts</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Local Hospital Doctors Lloyds Chemists</p>			

**TEAM 2**

4 Citizen Groups Identified:

- **Children in Care**
- **Teen Mums**
- **Elderly**
- **Immigrants**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Children in Care</p>	<p><b><u>Reasons:</u></b></p> <p>Unhappy Lonely Angry No home Negative thoughts No love Naughty No parents Depression Sad Suicidal Upset a lot</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Children in care</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Local shops Volunteers</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>A 'Friendship Club' that can help children in care to feel less lonely</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Help children feel loved Socialize more Belong somewhere Less worries They can feel loved and wanted</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>To feel at home Healthy eating from Tesco Computers for homework from apple Learning for future careers</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Posters Hospitals/Doctors Surgeries</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Disney Shop Tesco Apple</p>			

**TEAM 3**

**4 Citizen Groups Identified:**

- **Unemployed**
- **Disabled People**
- **Criminals**
- **People with Mental Health problems**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Unemployed</p>	<p><b><u>Reasons:</u></b></p> <p>Anxiety Poverty Not enough money Financial issues Homeless Criminal activity Unable to get a job Unable to socialise Not enough food Depression Sad</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Unemployed people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>School Professionals</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Financial Management Awareness Session (with experts, who can give practical help and education on the subject)</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Money Advice Help gain confidence Help them get jobs Improved Financial state Education on how to manage on low budget</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Advertise through Flyers Gives letters out at School Barclays bank to give support Careers Advice</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Posters Leaflets Billboards</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Tesco Barclays bank</p>			

**TEAM 4**

4 Citizen Groups Identified:

- **Unemployed**
- **Drug addicts**
- **Teen parents**
- **Disabled**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Disabled People</p>	<p><b><u>Reasons:</u></b></p> <p>Lonely Debt Difficulties Not enough practical help Can't get certain jobs Not a lot of support Disrespected Not supported No privileges</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Disabled people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>School Local shops</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>A 'Sports Day' for disabled people where the whole community would be invited to attend, enjoy and support</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Disabled Feel less lonely Raise money for them More exercise and better fitness More awareness of disability Helps families of disabled people Brings disabled together with the rest of the community</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Use of social media Cheap and easy Can help in many ways</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>YouTube Posters Social media</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Westquay The School Tesco</p>			

**TEAM 5**

4 Citizen Groups Identified:

- **Disabled**
- **Single Parents**
- **Young People**
- **Drug Addicts**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Young Single Parents (female)</p>	<p><b><u>Reasons:</u></b></p> <p>Depressed Anxiety Housing problems No support Pressured Divorced Teenagers Stress Financial difficulties</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Single Female Parents</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>School Local shops Experts in supporting Single Mums</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Support young Females with health visits and opportunities through the Job Centre</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Help them fit in and socialise Provides practical Advice Supplies (food, money, clothes, othe support) Meet up with other in same situation</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Supporting Young Adults Giving them advice Also how to best care for their babies/children Protects babies and children as well as Mums</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Posters Face to face</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Tesco School NHS</p>			

**TEAM 6**

4 Citizen Groups Identified:

- Disabled
- Homeless
- Teens
- Elderly

<p><b><u>Citizen Group Selected:</u></b></p> <p>The Elderly in our Community</p>	<p><b><u>Reasons:</u></b></p> <p>No social life Lack of Physical activities Vulnerable No family Mental health issues Depression Anxiety Death Left alone Lack of care Lack of movement/mobility Lack of friends</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Elderly people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Wide variety of Local companies</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Create a 'Safe Space' for the elderly socialise together (the School and Westquay could provide a Space for this once a week)</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Not so lonely Less stress Happier Social life Helps mental health</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Friendship Help Makes people lives more lively Make elderly people find freedom Lowers mental health issues</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Short videos</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>School Westquay NHS</p>			

**TEAM 7**

4 Citizen Groups Identified:

- **Elderly**
- **Those in Hospital**
- **Homeless**
- **Immigrants**

<p><b><u>Citizen Group Selected:</u></b></p> <p>Homeless</p>	<p><b><u>Reasons:</u></b></p> <p>Lack of respect Hunger No Sleep Illness Mental health No Clothing Hygiene Addictions Rehab them Education Help with Finance Rebuild their reputation</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Homeless People</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Local Shops Hospital Council</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Offer Temporary shelter (Safe Space) giving free food, clothes and toiletries. Will also have access to rehab and healthcare advice</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Homeless off streets Creates a good positive Reputation for sponsors Homeless better reputation A 2<sup>nd</sup> chance for people</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Helps the homeless people Hunger is growing so can reduce this Shows People do care Provides practical help for homeless people</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Leaflets Posters</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Tesco Go Outdoors Boots Homeless Charities</p>			

**TEAM 8**

**4 Citizen Groups Identified:**

- Homeless
- Elderly
- Drug addicts
- Disabled

<p><b><u>Citizen Group Selected:</u></b></p> <p>Homeless</p>	<p><b><u>Reasons:</u></b></p> <p>Food Hygiene and cleanliness No shelter Depressed Abuse Unemployed No friends No family Lonely Money Clothes Water</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Homeless people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Local Volunteers Local shops</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Run a high profile 'Trip to the Town' to collect food, clothing and practical items for the homeless</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Provide food Provide a hygiene bag Sleeping bags Provide clothes Minibus</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Transporting food to homeless people Donations of food Giving the homeless people a better chance Promotions for companies</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>School website Posters Leaflets Word of mouth</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Sainsburys Go Outdoors Boots</p>			

**TEAM 9**

4 Citizen Groups Identified:

- Homeless
- Elderly
- Disabled
- Orphans

<p><b><u>Citizen Group Selected:</u></b></p> <p>Disabled People</p>	<p><b><u>Reasons:</u></b></p> <p>Education Abused Lack of good Relationships Jobs Communication Mobility Hygiene Accessibility Judged Low confidence Bullying</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Disabled people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Council Local shops NHS</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Disabled Sports Day' with sports such as wheelchair races, tennis, basketball and dodgeball – and bring a Paralympian along to give positive profile</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Being active Sociable Building relationships Helping disabled Building confidence Raising awareness</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Make Disable people more active Help with their confidence Attract interest from high profile disabled people</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Posters Leaflets Flyers Radio</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Southampton City Council Sports Direct NHS Doctors Surgeries/Health Centres</p>			

**TEAM 10**

4 Citizen Groups Identified:

- Fostered Children
- Abused Children
- Single Parents
- Disabled

<p><b><u>Citizen Group Selected:</u></b></p> <p>Abused Children</p>	<p><b><u>Reasons:</u></b></p> <p>No bonds          No social life          Not motivated          Low self esteem          Fear          Mental Scars          Permanent damage          No friends          Hurt mentally          Bad parents          Health issues          Shy</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Abused children</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>School          Local Shops          Council</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Business Sponsored          'Fun Events' in the School Main Hall, with an 'Anonymous Log' for people to write in their issues</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Raise awareness of issue          Give them support          Raises money          Builds trust          May prevent further abuse</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Children can boost their confidence and have fun          NHS will provide a helpline          Information 'Help Bags' provided at the Event, with support information          Provides professionals present on the day, to help and support</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Posters          Leaflets          Pop ups          Information cards          Word of mouth</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Childline          NHS          Westquay</p>			

**TEAM 11**

4 Citizen Groups Identified:

- Disabled people
- Addicts
- **Young Offenders**
- Religious people

<p><b><u>Citizen Group Selected:</u></b></p> <p>Young Offenders</p>	<p><b><u>Reasons:</u></b></p> <p>Lack of education Single parents Homeless No Finance Attention seeking Low self esteem Easily influenced Bad socialising Loneliness Street cred</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Young people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Our School Local Shops Community</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Weekly Therapy for Young Offenders held in Schools, where they can talk about their issues with professionals</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Helps raise awareness Lower rate of crime Would give Encouragement Help health issues Safer Community Improves 2<sup>nd</sup> Chances</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Helps the local Community Not many groups for young people</p> <p>R.P.C.C to support and offer School Venue thinking of needs of young adults</p> <p>The NHS give support with experienced professionals</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Posters Flyers Billboards</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Tesco Regents park Community College NHS</p>			

**TEAM 12**

4 Citizen Groups Identified:

- LGBTQ+
- Young Offenders
- **Those with Mental Illness**
- Religious People

<p><b><u>Citizen Group Selected:</u></b></p> <p>People with Mental illness</p>	<p><b><u>Reasons:</u></b></p> <p>Affect job prospects Bullied Mental pain Physical pain Distress Very bad Affects learning Affects families Affects Relationships Can't concentrate Lack of confidence Suicidal Self-harm</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Mental health suffers</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Council Local Shops</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Set up 'Letter Box Project' around the City for people to express their feelings</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Helps people speak out and gives them a Voice Won't feel alone More support Stop suicide Less self harm</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Spread through all social media Access anywhere Can help with any problems Get the support you need through the Letter Box Project</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Social media Leaflets Local radio TV</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>NHS Celebrities School Council</p>			

**TEAM 13**

4 Citizen Groups Identified:

- Disabled
- Homeless
- LGBTQ+
- Children

<p><b><u>Citizen Group Selected:</u></b></p> <p>Homeless people</p>	<p><b><u>Reasons:</u></b></p> <p>Crime Drug abuse Disrespect Prison No shelter No hygiene No Family support Finance problems Danger s Easy to hurt no food cold</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>Homeless people</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>School Local shops Councils Charities</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>Organise for the Homeless: food, showers and sanitary products</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Warmth Health Food Hygiene</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Practical help for Homeless people Shows them young people care RPCC to take lead on this Project for Southampton Could help get them off the streets</p>	<p><b><u>Teams Chosen "Promotion Mix":</u></b></p> <p>Website Leaflets Radio</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Lidl Regents park Community college Council</p>			

**TEAM 14**

4 Citizen Groups Identified:

- Veterans
- Mental Health sufferers
- Students
- Homeless

<p><b><u>Citizen Group Selected:</u></b></p> <p>War Veterans</p>	<p><b><u>Reasons:</u></b></p> <p>Unhappy Lost partners Hygiene Money issues PTSD No Transport Family problems Counseling Lost friends Death Disability Lonely</p>	<p><b><u>Main Target User of your Community Action Project:</u></b></p> <p>War veterans</p>	<p><b><u>Other Community Members Involved in your Community Action Project:</u></b></p> <p>Charities Local companies Young People in Schools</p>
<p><b><u>What is your idea for a Community Action Project?</u></b></p> <p>‘Friendship Sessions’ for Veterans of different generations meet up to share stories and talk</p>	<p><b><u>Features &amp; Benefits:</u></b></p> <p>Helps war veterans Educating young people about them Help make friendships Improves their self-esteem Lets them unburden and ‘Tell their stories’</p>	<p><b><u>Unique Selling Points (USPs)</u></b></p> <p>Helping all Veterans making new friends Boost self-esteem Day trips Allow people to see veterans and respect them</p>	<p><b><u>Teams Chosen “Promotion Mix”:</u></b></p> <p>Social media Posters TV Radio</p>
<p><b><u>Potential Sponsors:</u></b></p> <p>Community centre Merlin Wheelers for Transport Help for Heroes Earl Haig Fund</p>			