

[Lateral Flow Test – LFD](#)

Do I have to do the test?

Testing is voluntary but students are strongly encouraged to participate as testing regularly helps to reduce the spread of Covid-19 in school.

Who will do the test?

You will be doing the test yourself but staff are here to support you.

How do I do the test?

You will be given a small swab which you need to rub both tonsils 3 times, with the same swab up one nostril and rotate the swab around your nostril 5 times – this may make you sneeze or your eyes water, try not to let the swab touch your tongue, cheek, teeth or gums. We will have music playing in the hall whilst testing is taking place.

Does it hurt?

The test doesn't hurt and only takes about 1-2 minutes, Staff will be with you to support.

How often do I need to do the test?

You will have 3 tests in school which need to be 3-5 days apart, you will then be given a home testing kit which you need to do twice a week with the support of your Parents/Carers.

Where will I do the test?

We have set up our testing site in the main hall

What if I can't do the test and get embarrassed?

Staff are here to support you, each testing pod has a black screen either side so no one else can see you.

What happens if a student's lateral flow test (LFD) result is positive?

Students who have a positive LFD test result must self-isolate immediately for 10 days in line with NHS Test and Trace guidance. If you are at school we will contact your Parents/Carer and request you are collected.

Should I still take part in the asymptomatic testing programme if I have recently tested positive for COVID-19?

If you have tested positive by an LFD or PCR test, you will probably have developed some immunity to the disease. Anyone who has previously received a positive COVID-19 test result should not be re-tested within 90 days of that test, unless they develop any new symptoms of COVID-19.

Can my family use the home kits I am given too?

No, the home kits issued to you are only for you to use. If family members experience COVID-19 symptoms, they must follow standard Government guidance, including self-isolating immediately and book a test through the NHS Coronavirus (COVID 19) service or by calling 119.

If someone has had the Covid-19 vaccination should they take a LFD test?

Yes, we do not yet know whether vaccines prevent individuals transmitting the Virus, the vaccine does not interfere with the LFD test.

How will test results get recorded when schools move to home testing?

When testing at home, the school will **not** automatically find out if staff or students have taken a test. Staff and parents are required to report the test result via the NHS Online reporting system for both negative, void and positive test results. They should also report positive results to the school.

If the result is positive, you will need to self isolate for 10 days, those with a negative LFD test result can continue to attend school.

When should I do the testing? mornings or evening?

Students should test twice a week 3-5 days apart, ideally in the morning.

How will I know what do to with the home test kits?

This is why you have been asked to take the test 3 times in school so when you take the test at home you are confident in what you need to do, you will have an information booklet and instructions on how to self swab.

There is also a NHS video demonstrating how to carry out a test using the following link <https://www.youtube.com/watch?v=S9XR8RZxKNo&list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>

Can students swab themselves?

Students aged 11 years should have the test administered by an adult

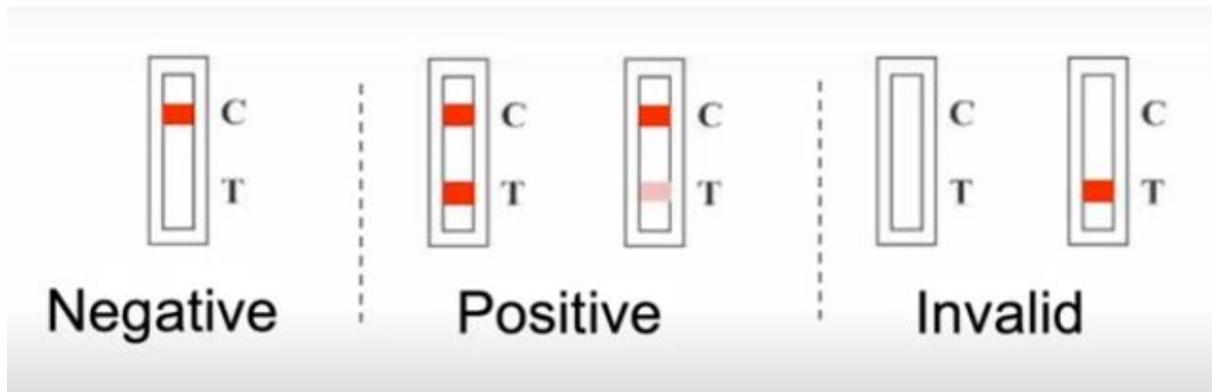
Students aged 12-17 should be supervised by an adult but can swab themselves.

How long will the results take?

The results take 30 minutes

Reading the test results :

You will see the control line (C) begin to appear after about 4 minutes. You must wait 30 minutes before your result is ready.



Do not leave the test to develop for longer than 30 minutes as this will make the result void.

If your test result is positive, you and your household must self-isolate for 10 days and follow Government guidelines.

Void result - No lines or one line next to T means the test is void, you will need to take the test again.

Can I do the test if I have a nose piercing?

Yes, you will need to swab the nostril not pierced, if both nostrils are pierced you will need to remove one whilst taking the test.

What if I can't swab on my tonsils?

If you are unable to swab your tonsils you can swab both nostrils 5 times.

Why are you using lateral flow tests instead of PCR tests?

LFD tests produce results much quicker than PCR tests. With lateral flow tests, a result is available after 30 minutes rather than 1-2 days with PCR tests.

Are the LFD tests Halal?

No animal products have been used in the production of the swabs, anyone using the test will not come in to direct contact with any materials made from animal products.

Please ensure you are wearing your facemask at all times.

Staff:

Queue monitor – When you are queuing to go into the hall **Mrs Saunders** will be with you making sure you are in alphabetical order, you will be asked to go to the reception desk at the main door into the hall.

Reception desk – **Mrs Aldworth** will ask your name, take your temperature and give you a barcode sticker which you need to give to the person testing you.

Testing Pod – Once in the hall **Mrs Bradley** or **Mrs Thompson** will tell you what pod number you need to go to it will be either 1,2,3,4,5 or 6

Testing staff – At each pod there will be a member of staff to support and assist you whilst you take your test, they will be:

1. **Mrs Simmons**
2. **Mrs Mochon-Wojdyla**
3. **Miss Baillie**
4. **Parent volunteer**
5. **Mrs O'Donoghue**
6. **Miss Stone**

Exit door – Head of Year support will also be in the hall and will be at the exit door for you to go back into school – **Miss Blakely, Miss Moore, Mrs Jarvis and Mrs Reed.**

RPCC Covid testing centre







Illustrated by
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Staying safe, healthy, and optimistic during the COVID-19 pandemic