

Happy Well-being Wednesday!



We did it!

Last Tuesday we had our final verification visit for the Well-being award. I am absolutely thrilled to tell you all that we have been successful with achieving the award. This means that we are a Well-being school for 3 years!



Some quotes from the visit



“The school has embraced the Award as a way of recognition for the culture, ethos and values of the school as well as being open to development, challenge and enhancement through the award process. There has been strong commitment in developing an ongoing strategy that embodies wellbeing at the heart of school life.”

“The whole school has worked so hard for this award, there is new support with a school counsellor, the safe spaces in school, the ambassadors too. Wellbeing is visible, there is support everywhere. This schools deserves to be recognised as a wellbeing school.” (Student)

“The open dialogue and the fact that there has been a focus on staff, we haven’t been forgotten. Wellbeing appreciation for staff. Small things have made a difference like the acts of kindness.” (staff)

A wellbeing governor is in place as well as a safeguarding Lead Governor and they have been involved in forum meetings, wellbeing updates, learning walks and strategic review. “The wellbeing Award has given us a vision, and platform to look at the three stakeholder groups to survey and to hear what they need.” (Governor)

“I feel the school does listen and takes on board what we say.” (Parent)



Wellbeing Award
for Schools

2022-2025

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Feeling low?

Anxious?

**Struggling
to cope?**

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Where to get help if you need support:



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to
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@RPCC there is so much support.

- Tutors
- Head of year support
- Head of year
- Teachers
- Support staff
- Mental Health support workers
- SLT
- School counsellor
- Mental health Ambassadors
- Safe space stickers
- Library with a range of resources
- Anti-bullying ambassadors
- Peer mentoring program

